THE 2015 CONFERENCE ON
PAIN

The Puzzle of Pain
Fitting the Pieces Together
A conference for healthcare professionals who care for people in pain

October 20, 2015
The Suburban Collection Showplace
Diamond Conference Center, Novi, Michigan

Jointly provided by:

https://www.regonline.com/Pain2015
FOR MANY, including healthcare professionals, pain is a puzzle. As we learn more about this complex human experience, traditional beliefs and treatments are challenged. New issues emerge, and fitting the pieces together to achieve positive outcomes is different for each person.

At the 2015 Conference on Pain, healthcare professionals will recognize multidimensional issues impacting pain care. Leading experts will present current evidence-based findings and strategies to address prescription drug abuse in pain care. Persistent pain problems affecting increasing numbers of cancer survivors will also be addressed. Additional sessions will focus on integrative therapies, how children express pain, the use of Narcan, and how nurses and social workers can help individuals advocate for effective pain care. A discussion of how food and nutrition can be an effective pain management tool will close out the day.

Program Objectives
Upon completion of this conference participants will be able to:

• Examine current evidence-based practice strategies in caring for people with pain.
• Explore a wide variety of issues facing persons with pain and healthcare professionals who care for them.
• Describe how a multidimensional approach to pain care can improve patient outcomes.

Who Should Attend
This program is important for all healthcare professionals who work with patients experiencing pain. Registered nurses, advanced practice nurses, social workers, pharmacists, physicians, therapists, educators, administrators and students are encouraged to attend. We encourage healthcare teams to attend together.

Planning Committee
Kathleen Kessler, MSN, RN
Henry Ford Health System
Wendy Goldberg, MSN, APRN, BC
Jennifer Michalski, MSN, RN
Kathleen Olsen, MSN, ACNS-BC, AOCNS, ACHPN
Michigan State University College of Nursing
Kathy Forrest, MSN, MA, RN
Rhonda Conner-Warren, PhD, RN, CPNP-PC

Saint Joseph Mercy Health System
Rita Ferguson, MSN, RN
Mary Ellen McBride, LMSW

University of Michigan Health System
Judy Danaher, RN, MS, CPNP
Susan Holmes-Walker, PhD, RN
Dorothy Nagle, MSN, RN-BC
Deborah Wagner, PharmD, FASHP

Wayne State University College of Nursing
April Hazard Vallerand, PhD, RN, FAAN

Nursing CE – This program is jointly provided by Saint Joseph Mercy Health System, Henry Ford Health System, Michigan State University College of Nursing, University of Michigan Health System, and Wayne State University College of Nursing. 5.25 continuing nursing education (CNE) contact hours will be provided.

Saint Joseph Mercy Health System is an approved provider of continuing nursing education by the Wisconsin Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.

Pharmacotherapeutic Contact Hours*: Sessions providing this credit are indicated by an asterisk.

Social Work CE – 5.25 continuing social work education credits are pending approval.

Fitting the Pieces Together
The Puzzle of Pain
October 20, 2015
**CONFERENCE SCHEDULE**

<table>
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<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>7:30 - 8:15 a.m.</td>
<td>REGISTRATION AND CONTINENTAL BREAKFAST</td>
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<tr>
<td>8:15 - 8:30 a.m.</td>
<td>WELCOME AND CONFERENCE OVERVIEW</td>
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<tr>
<td>8:30 - 9:45 a.m.</td>
<td>OPENING KEYNOTE</td>
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<td>*Pain Treatment and Prescription Drug Abuse</td>
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<td>Aaron Gilson, PhD, MSSW, MS and Cathy Carlson, PhD, APN, FNP-BC</td>
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<td>9:45 – 10:15 a.m.</td>
<td>BREAK AND EXHIBITS AND POSTERS</td>
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<tr>
<td>10:15 - 11:30 a.m.</td>
<td>MORNING PLENARY</td>
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<td>*Pain Issues with Cancer Survivors</td>
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<td>Linda Vanni, MSN, RN-BC, ACNS-BC, NP</td>
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<td>11:30 - 12:45 p.m.</td>
<td>LUNCH</td>
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<td>12:45 - 2:00 p.m.</td>
<td>CONCURRENT SESSIONS</td>
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<tr>
<td>A. Power Over Pain</td>
<td>April Hazard Vallerand, PhD, RN, FAAN</td>
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<td>B. Assessing the Language of Pain: Through a Child’s Eyes</td>
<td>Rhonda Conner-Warren, PhD, RN, CPNP-PC, BC</td>
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<td>C. *Integrative Therapies in Pain Management</td>
<td>Roxane Raffin Chan, PhD, RN, AHN-BC, LMT</td>
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<td>D. *WHO Says Narcan? Intranasal That Is!</td>
<td>Debra Wagner, PharmD, FASHP</td>
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<td>E. Pain Advocacy: A Social Work Perspective</td>
<td>Yvette Colon, PhD, ACSW, LMSW</td>
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<td>2:00 - 2:15 p.m.</td>
<td>BREAK</td>
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<td>2:15 - 3:30 p.m.</td>
<td>AFTERNOON PLENARY</td>
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<td>Let Food Be Your Medicine</td>
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<td>Lisa McDowell, MS, RD, CSSD</td>
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<tr>
<td>3:30- 3:45 p.m.</td>
<td>CLOSING AND EVALUATION</td>
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* Denotes sessions eligible for Pharmacotherapeutic Contact Hours according to ANCC criteria.

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**FEATURED SPEAKERS**

- **Aaron Gilson, PhD, MSSW, MS**, is the Research Program Manager and PPSG Senior Scientist at the University of Wisconsin’s School of Medicine and Public Health, Carbone Cancer Center. For almost 25 years, Dr. Gilson has been involved in research related to federal and state policy governing pain management practices. He has presented at numerous international, national, and state-level conferences and served two terms as a member of the American Pain Society’s Scientific Program Committee. He has published extensively on multiple pain management topics.

Dr. Gilson received his PhD in Social Welfare and a Master of Science in Social Work from the University of Wisconsin, Madison, WI. He also earned a Master of Science in Experimental Psychology from Villanova University, Villanova, PA, and a Bachelor of Arts in Honors Psychology from SUNY Potsdam, in Potsdam, NY.

- **Cathy Carlson, PhD, APN, FNP-BC**, is an Associate Professor in the Division of Nursing and Health Studies at Northern Illinois University College of Health and Human Sciences in DeKalb, IL. Dr. Carlson is involved in several nursing research projects with an interest in pain management and evidence-based nursing practice. She has teaching expertise in Adult Health Nursing; Genetics and Human Genomics for Nursing; and Pathophysiological Concepts in Nursing. She is a member of the American Society of Pain Management Nursing and has numerous publications on the topics of pain management and evidence-based nursing practice.

Dr. Carlson received her PhD from Indiana University in Nursing Science. She earned a Master of Science from Ball State University in Nursing Education, a Bachelor of Science in Nursing from the University of St. Francis, and a Diploma in Nursing from Rockford Memorial Hospital School of Nursing.

- **Linda Vanni, MSN, RN-BC, ACNS-BC, NP**, is a board certified Nurse Practitioner in Pain Management currently employed at Providence Hospital, Troy, MI. Ms. Vanni has over 25 years of expertise in acute, chronic and cancer pain management. She has lectured extensively state-wide and nationally, authored chapters in the American Society of Pain Management Nurses, and has developed core curriculum in pain management for nursing programs and ASPMN.

Ms. Vanni earned a Master of Science in Nursing from Madonna University in Livonia, MI, and a Bachelor of Science in Nursing from Wayne State University, Detroit, MI.

- **Lisa McDowell, MS, RD, CSSD**, is the Director of Clinical Nutrition and Wellness at Saint Joseph Mercy Health System in Ann Arbor, MI. She has been a clinical dietician for more than 20 years and faculty providing nutrition education with a specialty in sports nutrition.

Ms. McDowell earned a Master of Science degree in Nutrition from the University of Medicine and Dentistry of New Jersey in Newark, NJ; New York University in New York, NY, and Wayne State University, Detroit, MI. She earned a Registered Dietician degree from the University of Medicine and Dentistry of New Jersey in Newark, NJ, and New York University in New York, NY. She received a Bachelor of Science in Nutrition from Michigan State University, East Lansing, MI.
**CONCURRENT SESSION SPEAKERS**

April Hazard Vallerand, PhD, RN, FAAN  
Interim Associate Dean for Research  
Interim Director of the PhD Program  
College of Nursing Alumni Endowed Professor  
Wayne State University College of Nursing

Rhonda Conner-Warren, PhD, RN, CPNP-PC, BC  
Assistant Professor, Health Programs  
Michigan State University College of Nursing

Roxane Raffin Chan, PhD, RN, AHN-BC, LMT  
Assistant Professor  
Michigan State University College of Nursing

Debra Wagner, PharmD, FASHP  
Associate Professor of Pharmacy/Anesthesiology  
University of Michigan Hospitals and Health System

Yvette Colon, PhD, ACSW, LMSW  
Assistant Professor  
Eastern Michigan University

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**CONCURRENT SESSIONS** (Choose one of the options, A-E):

A  B  C  D  E

Name: ________________________________

Address: ________________________________

City: _______________ State: ___ Zip: __________

Email: ________________________________

- I would like a vegetarian meal.
- Special needs (please specify): ____________________
- Check # enclosed: ______________ (Make payable to UMHS/PD&E)
- UMHS Shortcode: ____________________________

I will pay at the Conference.

**CREDIT CARD PAYMENT POLICY:**

Credit card payments cannot be accepted via US mail, fax, email, phone call, or at the conference.

Payment made by credit card can only be accepted on the registration website. Please register with your credit card at: https://www.regonline.com/Pain2015

**Mail/fax registration and payment to:**

UMHS/PD&E Registrar  
300 N. Ingalls, Ste. 6B12  
Ann Arbor, MI 48109-5436  
Fax: (734) 764-5316

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Rooms are being held at the Holiday Inn Express in Wixom, located at 48953 Alpha Drive, Wixom, MI 48293. Visit www.hiexpress.com/novinw-wixom. The special overnight room rate of $124 will be available until September 28, 2015. Overnight accommodations are to be arranged by the registrant. Indicate that you are attending the 2015 Conference on Pain and refer to block code COP. For reservations, call the hotel directly at 248-735-2781.