Mindful Leadership in Case Management

At the 2018 Case Management Conference, healthcare professionals will actively engage with experts to refine and enhance case management skills in order to advocate and mindfully lead patients and families, navigating through complex conditions and changing times. Timely topics will include:

- Principles and strategies of an integrated case management approach to reduce risk and improve health outcomes of medically and behaviorally complex patients in practice
- Telehealth interventions applied in case management practice for the benefit of individual patients and specific targeted populations
- Strategies and interventions to support elderly individuals to safely and independently “age in place” within their homes in the community
- Mindfulness skills, practiced and applied for self-care in the professional setting
- Role of case management in the awareness, identification and care of victims and survivors of human trafficking in health care settings
- Pharmacologic and non-pharmacologic alternatives to opioids in chronic pain management

Case studies and interactive strategies are designed to facilitate the transfer of knowledge to action in your clinical practice.

Join colleagues at the 2018 Case Management Conference in this changing healthcare environment and learn practical strategies from nationally recognized experts and providers to care for yourself and those you serve.

PROGRAM OUTCOMES

Upon completion of this conference, participants will:

- Incorporate the principles and strategies of an integrated case management approach in case examples to achieve reduced risk and improved health outcomes of medically and behaviorally complex patients in practice
- Explore telehealth interventions to apply in case management practice for the benefit of individual patients and specific targeted patient populations
- Explore assistive technology and other strategies to help older adults and people with disabilities maintain or obtain their independence
- Experience and identify mindfulness skills to apply practices for self-care in the professional setting
- Increase awareness/understanding of human trafficking and the role of case management in caring for victims/survivors of human trafficking
- Identify pharmacologic and non-pharmacologic alternatives to opioids in chronic pain management

WHO SHOULD ATTEND?

This conference is designed for registered nurses, social workers, case managers, and other professionals who work in case management across healthcare settings.

WHY ATTEND?

The conference brings nationally recognized leaders in case management to Michigan. You can benefit from collective knowledge, experience, and contacts. In addition, learning takes place in smaller sessions around specific areas of case management practice. We hope you join us!
Mindful Leadership in Case Management

OPTIMIZING ADVOCACY

NOVEMBER 1, 2018

AGENDA

7:45 – 8:30 a.m.  Registration in the south lobby
Continental Breakfast & Exhibitors in Big Ten B & C

8:30 – 8:45 a.m.
Welcome and Overview
Denise Ferrell, DNP, RN – Associate Dean for Community,
Director for Diversity and Inclusion at MSU College of Nursing
Kathy Forrest, MSN, MA, RN – Coordinator Professional
Programs at MSU CON

8:45 – 10:00 a.m.
The Integrated Case Manager: Champion for the Most Vulnerable
Rebecca Perez, BSN, RN, CCM – Director of Product Development, Fraser Imagineers and Executive Director for the CMSA Foundation, Case Management Society of America

10:00 – 10:30 a.m.
Break & Exhibitors in Big Ten B & C

10:30 – 11:45 a.m.
CONCURRENT SESSION A
Telehealth: Applications for Case Managers
Jonathan Neufeld, PhD
Joseph Brennan – Senior Director, MedNow at Spectrum Health
Jos DeHaven, MPH, BSN, RN, CCM

CONCURRENT SESSION B
Small Changes, Big Differences: Aging in Place/
Living with a Disability
Glen Ashlock, MS, ATP
Kellie Blackwell, MA, CRC

CONCURRENT SESSION C
Mindfulness in Case Management Practice
Roxane Chan, PhD, RN, AHN-BC

CONCURRENT SESSION D
Human Trafficking: What You Need to Know as a Case Management Professional
Joy Turner Washburn, EdD, RN, WHNP-BS

11:45 – 12:45 p.m.
Lunch in Big Ten A

1:00 – 2:15 p.m.
CONCURRENT SESSION A
Telehealth: Applications for Case Managers
Jonathan Neufeld, PhD
Joseph Brennan – Senior Director, MedNow at Spectrum Health
Jos DeHaven, MPH, BSN, RN, CCM

CONCURRENT SESSION B
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Joy Turner Washburn, EdD, RN, WHNP-BS

2:15 – 2:45 p.m.
Break & Exhibitors in Big Ten B & C

2:45 – 4:00 p.m.
Opioid Crisis: Alternative Options for Care
Leslie Simons, DNP, ANP-BC
Anne Ottney, PharmD, BCPs

4:00 – 4:15 p.m.
Evaluation and Adjourn

KEYNOTE SPEAKERS

Opening Plenary

Rebecca Perez, RN, BSN, CCM is the Director of Product Development at Fraser Imagineers and the Executive Director of Case Management Society of America (CMSA) Foundation. She is currently enrolled in a Master’s of Nursing program with a focus on Care Coordination, has a Bachelor’s Degree in Nursing and is a Certified Case Manager with extensive clinical and case management experience. Much of her case management career has been spent to hone skills to better communicate with patients, and to move them toward self-advocacy and improved health outcomes. She has been involved with the Case Management Society of America since 1997, holding both local and national leadership positions and honored with the 2013 National CMSA Case Manager of the Year award. She is a published author of professional articles, Case Management Adherence Guidelines and a co-author of the 2010 Integrated Case Management Manual. Rebecca was a developer of CMSA’s Integrated Case Management training curriculum and was a master trainer for the program. She has created CMSA’s new Integrated Case Management Training Program to coincide with this manual, providing advanced practical skills and training to case managers working with individuals with health complexity. Past work experience includes 16 years in the acute care setting and 23 years of case management experience. Case management experience includes both direct patient contact and management for payors and a large managed care organization.

Closing Plenary

Leslie Simons, DNP, ANP-BC is an Assistant Professor of Health Programs in the College of Nursing at Michigan State University where she teaches graduate and undergraduate students. Dr. Simons is an advanced practice provider with Sparrow Pain Center in Lansing, MI where she has practiced since 1999, focusing specifically on adults with nonmalignant pain. Dr Simons began her nursing career with a BSN from Lake Superior State University in 1978. For more than two decades she worked as a staff nurse in the emergency department and an adult medical/surgical intensive care unit. Dr Simons received a Master of Science degree from the University of Michigan, became certified as an Adult Nurse Practitioner, and also certified in Pain Management Nursing. In 2014, Dr Simons earned a Doctorate of Nursing Practice from the University of Detroit Mercy, College of Nursing. Leslie continues to engage in scholarship with regional and international podium presentations addressing pain management. She specializes in the management of pain in highly complex older patients with both physical and behavioral health needs.

Anne Ottney, PharmD, BCPs is an Associate Professor with Ferris State College of Pharmacy with a practice site at the Sparrow/ Michigan State University Family Medicine Residency Program in Lansing, Michigan. Dr. Ottney graduated from pharmacy school at the University of Wyoming with a Doctor of Pharmacy degree. She has been in practice for over 10 years and is actively engaged in educating healthcare professional students from multiple disciplines, both in the classroom and in clinical practice.
CONCURRENT SESSIONS

Session A: Telehealth: Applications for Case Managers
Jonathan Neufeld, PhD – Program Director of the Great Plains Telehealth Resource and Assistance Center
Joseph Brennan – Senior Director, MedNow at Spectrum Health
José DeHaven, MPH, BSN, RN, CCM – Population Health Manager at Indiana University Health Goshen Hospital and Board of Health Member at Elkhart County Health Department

This session will explore telehealth interventions to apply in practice for the benefit of individual patients, populations and case management professionals. A systems approach as well as an exemplar of telehealth initiatives used in case management practice will be provided.

Session B: Small Changes, Big Differences: Aging in Place/ Living with a Disability
Glen Ashlock, MS, ATP – Assistive Technology Manager, Region 2 Area Agency on Aging, Brooklyn, MI
Kellie Blackwell, MA, CRC – Program Manager, Disability Network Capital Area

This session will feature assistive technology and other strategies to help adults and people with disabilities maintain or obtain independence. Case managers will explore assistive technology for their patients and identify resources in the community to acquire them to support aging in place.

Session C: Mindfulness in Case Management Practice
Roxane Chan, PhD, RN, AHN-BC – Assistant Professor at Michigan State University College of Nursing

This session will allow participants to practice mindfulness skills that are useful in case management practice. Each individual will develop a personalized mindfulness self-care plan.

Session D: Human Trafficking: What You Need to Know as a Case Management Professional
Joy Turner Washburn, EdD, RN, WHNP-BS – Professor of Nursing at Grand Valley State University

During this session, participants will become aware of human trafficking in Michigan and the United States, identify characteristics of victims who present in the healthcare setting, and highlight the case manager’s role to support victims of human trafficking.

NURSING CONTINUING EDUCATION CONTACT HOURS
Case Management Conference – 5.5 contact hours
Criteria for successful completion includes attendance of entire event and submission of a completed evaluation form. Partial credit will not be given.

Michigan State University College of Nursing is approved as a provider of continuing nursing education by the Ohio Nurses Credentialing Center’s Commission on Accreditation. (OBN-001-91) (OHH294, 08/01/2021)

Pain CE for Nursing: Please note that the closing plenary presentation, Opioid Crisis: Alternative Options for Care will provide 1.25 pain and symptom management contact hours, of which, 0.5 contact hours will include pharmacotherapeutic content. CE certificates will not delineate the pain CE or pharmacotherapeutic content separately. Please retain your own record/notes of the sessions you attend.

CCM Commission for Case Management Certification: Contact hours for continuing education have been applied for through the Commission for Case Manager Certification.

SOCIAL WORK CONTINUING EDUCATION CONTACT HOURS
Case Management Conference – 4.5 contact hours
Michigan State University School of Social Work, provider #1136, is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB) www.aswb.org through the Approved Continuing Education (ACE) Program. Michigan State University School of Social Work maintains responsibility for the program. ASWB Approval Period: 6/14/2016 – 6/14/2019. Social workers should contact their regulatory board to determine course approval for continuing education credits. We are also an approved Michigan Social Work Continuing Education Collaborative Provider (provider #0001) for all programs through August 2018. For ADA requests and for concerns regarding the continuing education portion of your day, please contact: swce@msu.edu or (517) 353-3060. Criteria for successful completion includes attendance for a full session (Keynote, Concurrent, or Plenary), following verification of attendance processes and paperwork provided at the conference registration table and submission of a completed evaluation form. Policies, procedures, objectives and additional information will be available at socialwork.msu.edu/ceu under “Co-Sponsored Programs.”

Human Trafficking: What You Need to Know as a Case Management Professional Meets 1 CECH for Human Trafficking criteria. Opioid Crisis: Alternative Options for Care Meets 1 CECH for Pain Management Criteria. Questions? Contact 517-353-3060 or swce@msu.edu.

REGISTRATION FEES
Early Registration (eff. until Sept. 17, 2018).................................$130
Late Registration (eff. Sept. 18, 2018) ......................................$150
Early Group (5 or more) Registration (eff. until Sept. 17, 2018) ....$120
Late Group (5 or more) Registration (eff. Sept. 18, 2018) ..........$140
Retiree or Student (discount upon request) ..............................$75
CMC SW attendees (if not volunteering/upon approval) ............$75

REGISTER ONLINE
Go to 2018CMC.eventbrite.com to register and make your payment with a credit card.

This fee includes attendance for the entire day, continental breakfast, lunch, and conference materials. A $25 service fee will be retained on all refunds. No refunds will be available after October 1, 2018. The capacity for registration is 400. After capacity is reached, registration will be suspended. This is a popular conference, accepting registration on a first come, first served basis. Please register early to ensure your seat.

Your online registration includes selection of the morning and afternoon sessions of your choice. Please choose one concurrent session for the morning and choose another concurrent session for the afternoon. This allows a total of two concurrent session selections.

CE Options: In your online registration, please indicate which CE options (Nursing or Social Work and/or CCM) that you require.

QUESTIONS?
Contact Rosalva Aguilar
Phone: 517-353-3393 or 800-605-6424 (Option 3)
Email: aguilar25@msu.edu • Fax: 517-432-8131