AS OUR UNDERSTANDING OF PAIN EVOLVES, research supports the need for comprehensive approaches to pain management that go beyond typical care boundaries. These strategies recognize the uniqueness of each individual and take into consideration the concepts of mind, body, and spirit. At the 2014 Conference on Pain, healthcare professionals will learn about pain care innovations across the care continuum. Leading experts will present current evidence-based findings and strategies to manage patients with chronic pain and substance abuse concerns. Additional sessions will include home therapy techniques, ethical considerations, needs of young adults with sickle cell disease, and care issues of individuals with dysmenorrhea. Additional presentations will focus on the role of nutrition and pharmaceutical management of pain. Cultural factors in pain management and complementary approaches will also be highlighted.

Who Should Attend
This program is important for all healthcare professionals who work with patients experiencing pain. Registered nurses, advanced practice nurses, social workers, pharmacists, physicians, therapists, educators, administrators and students are encouraged to attend. We encourage healthcare teams to attend together.

Program Objectives
Upon completion of this conference, participants will be able to:

• Examine current evidence-based practice strategies in caring for people with pain.
• Explore a wide variety of factors that influence the diagnosis and treatment of pain.
• Describe how a holistic approach to pain care can improve patient outcomes.
• Identify cultural and ethical considerations in caring for individuals with pain.

SHARE YOUR RESEARCH AND CLINICAL PROJECTS
The call for poster abstracts deadline is October 3, 2014.
For information and application materials, please contact Jennifer Michalski at: jmicha12@hfhs.org
Featured Speakers

Paul Arnstein, PhD, RN, FAAN, is the Director of MGH Cares About Pain Relief at Massachusetts General Hospital (MGH) and an adjunct Associate Professor in the Nurse Practitioner program at the MGH Institute for Health Professionals in Boston. He is a certified Family Nurse Practitioner, Clinical Nurse Specialist and Pain Management Nurse who works with both inpatient and outpatient populations at MGH to provide optimal pain control. For over 30 years he has helped thousands of patients in pain and also works with professionals and policy-makers to ensure that no patient lives or dies with needless pain due to unrealistic fears and mistaken beliefs about pain and its treatment. His research supports the value of nurse-led interventions that help chronic pain patients think, feel, and do better. He is currently a co-investigator involved in research developing a Center of Excellence in Pain Education at a variety of professional training programs in Boston and a research project teaching the use of coping skills to help chronic pain patients undergoing an opioid taper. Dr. Arnstein is a member of professional organizations such as the American Society for Pain Management Nursing (Past-President), the American Pain Society and the Nurse Practitioner Healthcare Foundation.

He also serves on committees for the Joint Commission and the Interagency Pain Research Coordinating Committee created by the Department of Health and Human Services to enhance pain research efforts and promote collaboration across professional groups and governmental agencies.

Kristine Kwekkeboom, PhD, RN, is Professor and Director of the PhD Program at University of Wisconsin–Madison School of Nursing. She has practiced in oncology and hospice settings. Dr. Kwekkeboom’s research focuses on complementary, non-drug strategies for pain and symptom management. Her current research tests the efficacy of cognitive-behavioral strategies (relaxation, guided imagery) in relieving co-occurring pain, fatigue, and sleep disturbance. She is also examining mechanisms by which the treatments exert their effect, and variables that explain individual differences in treatment effects. Her research has been funded by the National Institute of Nursing Research, the Oncology Nursing Society Foundation, the American Cancer Society, and the Leukemia Research Foundation, among others. She serves as a scientific grant reviewer for the National Institutes of Health, National Institute of Nursing Research, and the Oncology Nursing Society. She is currently on the editorial board for The Journal of Pain and reviews for Journal of Nursing Scholarship, Journal of Palliative Medicine, Journal of Pain & Symptom Management, and Oncology Nursing Forum. She received the Midwest Nursing Research Society Pain and Symptom Management Section Advancing the Science of Nursing Award in 2009 and was the recipient of the New Investigator Award from the Oncology Nursing Society in 2005.
AGENDA

7:30 - 8:15  REGISTRATION AND BREAKFAST
8:15 - 8:30  WELCOME AND OVERVIEW
8:30 - 9:45  Innovations Across the Continuum of Pain Care
*Paul Arnstein, PhD, RN, FAAN
9:45 - 10:15  BREAK, POSTERS, AND EXHIBITS
10:15 - 11:30  CONCURRENT SESSIONS I
A. Ethics & Pain: Relationships & Issues
   Douglas Olsen, PhD, RN
B. Patients with Chronic Pain & Substance Abuse: A NEEDS-based approach
   *Paul Arnstein, PhD, RN, FAAN
C. Let Food Be Your Medicine
   Lisa McDowell, MS, RD, CSSD
D. The Transition of Young Adults with Sickle Cell Disease Beyond the Boundaries of the Pediatric Care Setting
   *Sharon Wrona, MS, RN-BC, PNP, PMHS
11:30 - 12:45  LUNCH – Advisory Committee on Pain and Symptom Management Committee Update
   Steven Roskos, MD
12:45 - 2:00  CONCURRENT SESSIONS II
E. When a Period Is More Than a Punctuation Mark: Contemporary Perspectives on Dysmenorrhea Management
   *Chen Xiao Chen, MS, RN, PhD candidate
F. The Pain Patient at Home—Now What Do We Do?
   Diane L. Fenske, LMSW
G. Ketamine: After Fifty-Year Reign—from Pre-op to Pain?
   *Elizabeth J. Beckman, PharmD, BCPS
H. Exploring Cultural Frontiers: Foreign & Familiar
   Stephanie Schim, PhD, RN, FAAN
2:00 - 2:20  BREAK
2:20 - 3:35  Complementary Approaches to Managing Pain and Related Symptoms
   *Kristine Kwekkeboom, PhD, RN
3:35 - 3:50  EVALUATION AND CLOSING

* Denotes sessions eligible for Pharmacotherapeutic Contact Hours according to ANCC criteria.

Suburban Collection Showplace
Diamond Conference Center
Novi, Michigan

TO BOOK A HOTEL ROOM: A special overnight room rate of $109 has been arranged at The Hyatt Place Novi Hotel, which is connected to the conference site. Overnight accommodations are to be arranged by the registrant by calling 1-800-233-1234. Reservations may also be made by logging on to the web address at http://novi.place.hyatt.com. Use the Group Code: G-CPM4 to receive the discounted group rate. All reservations must be accompanied by a first night room deposit, or guaranteed with a major credit card. The hotel will not hold any reservations unless secured by one of the above methods. Reservations must be received on or before October 22, 2014.

THE 2014 CONFERENCE ON PAIN beyond boundaries

Wednesday
November 12, 2014

The Suburban Collection Showplace
Diamond Conference Center
Novi, Michigan

Visit http://diamondbanquetcenter.com/directions

Suburban Collection Showplace
Diamond Center

46100 Grand River Avenue
Novi, MI 48374

www.regonline.com/Pain14
REGISTRATION

REGISTER ONLINE:  www.regonline.com/Pain14

- Early Registration: $125  (if received on or before October 12, 2014)
- Regular Registration: $140  (if received after October 12, 2014)
- Student and Retiree Registration: $75
- Groups of more than three (3): $125 per person

Fees include continental breakfast, lunch, and educational materials. There will be a $25 service fee for refunds requested before October 29, 2014. No refunds will be made after October 29, 2014; however, substitutions will be accepted. Confirmation of your registration will be by email. If you do not or cannot receive the confirmation, contact the registrar at 734-764-5315 or email: nurse-pde-ConferenceReg@med.umich.edu

CONCURRENT SESSIONS  (Choose one in the A-D grouping and choose a second option in the E-H grouping.)

Morning:  A  B  C  D  E
Afternoon: F  G  H  I  J

☐ I would like a vegetarian meal.

☐ Special needs: ____________________________________________________________

Credit Card Policy: Credit card payments cannot be accepted via US mail, fax, email, phone call, or at the conference. Credit payments can only be accepted at the registration website: www.regonline.com/Pain14

☐ Check # enclosed (Make payable to UMHS/PD&E)
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