Amy Hoffman
PhD, RN

Dr. Hoffman's research in the area of chronic conditions focuses on the symptom self-management of persons with lung cancer, specifically centering future research on optimizing the management of cancer-related fatigue and other unpleasant symptoms.

Lung cancer is one of the most lethal cancers and the corresponding symptoms play a large role in the daily lives of those who suffer from the disease. By designing and implementing symptom self-management strategies such as perceived self-efficacy, Dr. Hoffman aims to provide the information needed to equip nurses and other healthcare providers with efficacy enhancing interventions for symptom management and optimal physical functional status.

Dr. Hoffman's current work will evaluate how building one's confidence in managing fatigue, as well as other strategies such as light exercise, may help reduce fatigue in addition to other symptoms affecting daily activities for patients with lung cancer.