Dr. Wyatt conducts outcomes research in cancer, specifically related to the safety and efficacy of complementary therapies. Her research focuses on Health-Related Quality of Life (HRQOL) in cancer patients. The outcomes of Dr. Wyatt’s research addresses HRQOL including symptoms and functioning among women with advanced breast cancer. Symptom management is key to HRQOL because cancer patients report as high as 11 symptoms during treatment.

Dr. Wyatt is currently exploring the efficacy of reflexology delivered by friend or family caregivers. Other on-going projects include an acupressure study with breast cancer survivors suffering chronic fatigue, and a Saw Palmetto study for symptom management during radiation therapy for prostate cancer. She has previously conducted cancer studies that addressed the safety and efficacy of; yoga, guided imagery, reminiscence therapy, and therapeutic touch.

Dr. Wyatt’s area of research addresses the high use of complementary therapies by cancer patients. Her work is directed toward an enhanced system of care through integration of conventional and scientifically-based complementary therapies. This is an essential area of discovery since as high as 80% of cancer patients use complementary therapies for symptom management often, without adequate information on their safety and efficacy. Findings from her safety and efficacy work on complementary therapies, have been consistently disseminated nationally and internationally through publications and presentations.