Community and Population Health Nursing  
NUR 470  
Credits:4  Lecture/Recitation/Discussion Hours: 2  Lab Hours: 6  
Fall Semester 2007

Theory Course Meeting Day, Time, and Location: This class meets on Tuesdays 10:20a-12:10p per course calendar in A131 Life Sciences Bldg.

Clinical Experiences Date, Time, and Location: Clinical experiences are scheduled for either Wednesdays or Thursdays during the semester, with the times and dates available at the start of the course. Orientation to the clinical portion of the course for all students will be held Wednesday, August 29, from 8:00 am-12:00 pm at Ingham County Health Department (Conference Room A, 5303 S. Cedar St., Lansing MI) and from 1:00 to 5:00 pm at the LAC. Orientation is required and is part of regularly scheduled clinical time.

Course Description: This course provides a theoretical and practicum basis for community-oriented population nursing practice. Students will learn methods for promoting and protecting the health of the public using health promotion, risk reduction, and disease management and control strategies with vulnerable persons and populations. Community assessment, epidemiologic, environmental, change, political action, and case-management frameworks are used to guide evidence-based nursing care delivery to persons, families, and populations in community settings.

Course Objectives: At the end of this course the student will:
1. Analyze and evaluate the effectiveness of interactive relationships with family and population clients, interdisciplinary groups, and community organizations.
2. Apply critical thinking and decision-making to the home and community contexts, including resource utilization, program development, policy formation, and interventions to promote the health of the persons, families and the public.
3. Utilize epidemiologic and population level data to develop and/or guide interventions in the management of care to targeted populations residing in the community.
4. Skillfully facilitate adoption of values and behaviors of persons/populations that will achieve and/or maintain an optimal level of health and wellness.
5. Assist with illness self-management and/or coordinate the care for home and community-based clients and families in coordination with multidisciplinary community-based health and social services providers.
6. Facilitate the health of a population in partnership with community members.
7. Advocate for the health of the persons and communities in public and policy arenas.
8. Access and apply the latest evidence-based guidelines for health promotion and disease prevention in the provision of nursing care to individual and communities.
9. Consistently apply analysis of the interaction among global, cultural and socioeconomic factors to influence health and wellness.

Prerequisites: NUR 430 and NUR 440 and NUR 450

Co-requisites: NUR 480
Standards Documents: The curriculum is guided by the following documents:


Course Faculty:

Grace Kreulen, PhD, RN, Office: A129 Life Sciences Email: gkreulen@msu.edu
Phone: 517-353-8679 Office Hours: Tuesday 12:10-1p and by appt.

Kathleen Bappert, MS, RN Office: W 123 Owen Hall Email: kathleen.bappert@hc.msu.edu
Phone: 517-353-4769 Office Hours: Tuesday 12:10-1p and by appt.

Communication with faculty: Dr. Kreulen and Ms. Bappert will respond to questions from students via e-mails or the discussion forum posted on the course Angel site within 72 hours of the request excluding holidays and weekends. Items for faculty mailboxes are to be dropped off at Student Affairs, 1st floor Life Sciences. Clinical faculty will provide contact information during the first clinical week.

Instruction

a. Methodology:
This course contains both a theoretical and clinical component and the integration of both in community & public health nursing practice. The theory portion of the class meets two hours weekly, and clinical experience occurs in six and one-half hour days for 14 weeks. Completion of online assignments and readings prior to class is necessary to understand and integrate the material. A collaborative learning model will be used for assimilation of content during class time. The clinical practicum will provide opportunities for community/public health nursing practice with vulnerable populations in selected settings.
b. Required Text:

NUR 470 Community Health Nursing course materials (Available on ANGEL)


c. Optional Text: None

d. Supplementary resources:


Web-sites and additional resources will be posted on ANGEL.

e. Required Resources, References, and Supplies: Although car pooling is possible at times, students are required to furnish their own transportation to and from their clinical sites and to assigned activities during a variety of clinical experiences.

Evaluation:

a. Learning Assessments and Grading: The course grade will be comprised of 50% theory grade and 50% clinical grade (see table below). Theory grades will be based on three exams and assignments. Clinical grades will be based on clinical performance and assignments. A student must achieve a minimum grade of 75% or 2.0 in theory, in clinical performance evaluation, and in clinical assignments in order to pass the course regardless of the weighted total of the three. Any student deemed clinically unsafe will not pass the course. A 0.0 grade will be given for unsafe or dishonest behavior, unexcused absences and failure to meet minimal course expectations.
<table>
<thead>
<tr>
<th>Theory grade</th>
<th>50%</th>
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<tbody>
<tr>
<td>Exam 1</td>
<td>12.5%</td>
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<tr>
<td>Exam 2</td>
<td>12.5%</td>
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<tr>
<td>Final Exam</td>
<td>20%</td>
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<tr>
<td>Theory Assignments (on-line EBP assignment and in-class CD group project)</td>
<td>5%</td>
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<table>
<thead>
<tr>
<th>Clinical grade</th>
<th>50%</th>
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<tbody>
<tr>
<td>Clinical Performance Evaluation</td>
<td>20%</td>
</tr>
<tr>
<td>Assignments:</td>
<td>30%</td>
</tr>
<tr>
<td>Weekly Folder (calendar and journal)</td>
<td>5%</td>
</tr>
<tr>
<td>Family Assessment</td>
<td>10%</td>
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<tr>
<td>Community assessment/analysis (indicator)</td>
<td>15%</td>
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The clinical grade will be divided into clinical performance (20%) and clinical assignments (30%). Clinical performance will be evaluated utilizing the MSUCON Clinical Performance Evaluation Tool, and will include evidence-based clinical practice performance. Each student will participate in midterm and end term self-evaluations and have a formal mid and end semester conference with their faculty. Progress toward goals will be examined at mid-semester, identifying strengths and weaknesses in performance, and adjustments made as indicated. The final clinical evaluation and conference will focus on performance over the semester in achieving course objectives. Clinical evaluation forms will be available on the ANGEL course site. Assignments will include weekly critical reflections/clinical calendar, a community assessment and analysis and a family case presentation. A minimum of 75% must be achieved on both clinical performance and the clinical assignment portion to pass the course.

The indicator for this course is the Community Assessment and Analysis project. A minimum of 75% is required on this indicator to pass the course.
b. Course Grading Scale: The standard College of Nursing grading scale will be used to assign course grades. A student must obtain a course grade of $\geq 2.0$ in order to pass the course. A 0.0 grade will be given for unsafe or dishonest behavior, unexcused absences and failure to meet minimal course expectations.

<table>
<thead>
<tr>
<th>Grade</th>
<th>Score</th>
<th>GPA</th>
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<tbody>
<tr>
<td>100-94%</td>
<td>4.0</td>
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<tr>
<td>93-89%</td>
<td>3.5</td>
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<tr>
<td>84-88%</td>
<td>3.0</td>
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<tr>
<td>83-79%</td>
<td>2.5</td>
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<tr>
<td>75-78%</td>
<td>2.0</td>
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<tr>
<td>74-70%</td>
<td>1.5</td>
<td></td>
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<tr>
<td>65-69%</td>
<td>1.0</td>
<td></td>
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<tr>
<td>$\leq 64%$</td>
<td>0</td>
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c. Writing Requirements: Grading rubrics will be used to grade the Family Assessment and the Community Assessment/Analysis projects. APA style is required for written assignments.

d. Academic Progress: Any student who has a concern about his/her grade is responsible for approaching the course chairperson(s) to discuss the concern. Students who are experiencing academic difficulty are asked request faculty guidance early in the course. Students who have less than a 2.0 at mid semester will be identified and both the student and the Office of Student Services will be notified. Refer to the College of Nursing Undergraduate Student Handbook for specific policies regarding monitoring of student progress and resources for academic assistance.

Honors Option: Honors option is available upon request. Interested students must make arrangements with faculty for honors option learning activities during the first two weeks of the semester.

Professionalism: Students are expected to demonstrate professional behavior at all times. This includes but is not limited to adhering to all course policies, showing respect for others at all times, active constructive participation in class and clinical, and on time attendance.

Classroom Courtesy: Students are expected to be respectful of the instructor and their fellow classmates during class. Using computers to check unrelated web sites, e-mail, or work on assignments during class is not considered respectful of the instructor, guest speaker, or classmates who are presenting to the class. Using MSU CON computers for personal business is a violation of MSU CON policy. Talking or other disruptive behavior during a presentation is not considered respectful of the speaker or fellow classmates. For more information see the university policy on disruptive behavior and the BSN Student Handbook.
Clinical Requirements
Each student is responsible for the following:

a. **Compliance with immunization, CPR and HIPPA regulations.** Each student is required to print a copy of their immunization compliance letter and present it to their clinical faculty on the first day at the clinical site. Compliance records and the associated letter (signed by the University Physician) are available at [www.hcpimmunize.msu.edu](http://www.hcpimmunize.msu.edu). Note: If you have problems accessing your records or have updates or questions about the content of your immunization report please contact Paula Guss [guss@msu.edu](mailto:guss@msu.edu) or the University Physicians Office at [occhealth@ht.mus.edu](mailto:occhealth@ht.mus.edu).

b. **Dress code.** The MSU CON and clinical agency dress code (see BSN Student Handbook) is to be followed. Green polo shirts and khaki pants are required in the clinical setting.

c. **Appropriate professional behavior and clinical preparation.** Under the direction of clinical faculty and/or preceptors, students direct their learning and collaborate with others to achieve outcomes. Students are to carry out each clinical day with responsibility and accountability within the behavioral norms of the agency, and follow NUR470 and agency patient confidentiality guidelines at all times. Clinical activities involve travel and students must arrange for their own transportation for these activities.

d. **Clinical conferences/discussions** occur each clinical day for the purpose of enhancing student learning and integrating theoretical concepts with practice. Students discuss clinical activities and encounters, bring up issues for group discussion and problem solving, discuss learning needs, and share knowledge/feelings relevant to the practice of community health nursing.

e. **Weekly folders** (5% of grade): Students reflect on their daily clinical learning experiences in weekly activity calendar and critical reflections. Folders will be submitted to faculty for review and must include the following:

   - **Clinical Activity Calendar:** Weekly activity log using course format that documents planned and actual key activities and clinical hours (rounded to quarter hour).

   - **Critical reflections journal:** Daily reflections (limit to one page per clinical day) on experiences that SPECIFICALLY address the following questions:
     1. What C/PH concepts/theory/evidence did I apply today? (or could I have applied)
     2. What learning questions were raised by this week’s activities and where did/will I get the information to answer the questions?
     3. What did I learn in relation to course objectives?
     4. What thoughts and feelings do I have about today’s experiences?

   **Note:**
The 1st critical reflection must include 2-3 personal learning goals for the clinical experience. The midterm critical reflection includes the midterm clinical self-evaluation. The final critical reflection is the final clinical self-evaluation.
f. Delivery of nursing care. Under the supervision and direction of clinical faculty, each student is to provide the following levels of community/public health nursing services:

**Community/population-focused care:** Students work in small groups to apply the nursing process with a specific community. This experience is designed to provide an opportunity to develop personal knowledge and skill in evidence-based community assessment and care. It goes beyond the family to a larger community group, which may be geographically defined but can also be a group of people who share certain characteristics/interests. All community-focused care must address health needs identified by the population and supported by community health data. Students are to partner with community members.

A 'Community Assessment/Analysis Health Promotion Project Report' (15% course grade and indicator) is to be prepared and submitted sequentially to clinical faculty during the semester. The specific requirements of the assignment and the grading rubric will be posted on Angel and explained in class.

**Family-focused care:** Students in some settings will have the opportunity to apply the nursing process with families in home and/or community settings. This experience is designed to provide an opportunity to develop knowledge, abilities and skill in evidence-based assessment and care of families and their members. Students endeavor to partner with families and assist them to meet their identified health needs within the context of their community. Student visit procedures will be provided by faculty and must be followed at all times.

All students will be required to complete a ‘Family Assessment’ (10% of course grade). The specific requirements of the assignment and the grading rubric will be posted on Angel and explained in class.

**Additional public health experiences** may be arranged as part of the practicum experience to provide a broader exposure to community/public health. These ½ to 1-day long participant observational experiences are limited to 2 per student and include local health departments (immunization clinic, communicable disease control, home visits with PHNs, environmental health, homeless bus), correctional health, occupational health, and others. Preparatory activities are required for each public health experience. The critical reflection for the week of the activity must reflect on the experience.

**Policies:**

**a. Academic Integrity:** Article 2.3.3 of the Academic Freedom Report states that "The student shares with the faculty the responsibility for maintaining the integrity of scholarship, grades, and professional standards." In addition, the College of Nursing adheres to the policies on academic honesty as specified in General Student Regulations 1.0, Protection of Scholarship and Grades; the all-University Policy on Integrity of Scholarship and Grades; and Ordinance 17.00, Examinations. (See Spartan Life: Student Handbook and Resource Guide and/or the MSU Web site: www.msu.edu.) Therefore, unless authorized by your instructor, you are expected to complete all course assignments, including homework, lab work, quizzes, tests and exams, without assistance from any source. You are expected to develop original work for this course; therefore, you may not submit course work you completed for another course to satisfy the requirements for this course. Also, you are not authorized to use the www.allmsu.com Web site to complete any course work in
Nursing 470. Students who violate MSU rules may receive a penalty grade, including--but not limited to--a failing grade on the assignment or in the course. Contact your instructor if you are unsure about the appropriateness of your course work. (See also http://www.msu.edu/unit/ombud/honestylinks.html.)

b. Accommodations for Students with Disabilities: Students with disabilities should contact the Resource Center for Persons with Disabilities to establish reasonable accommodations. For an appointment with a disability specialist, call 353-9642 (voice), 355-1293 (TTY), or visit MyProfile.rcpd.msu.edu.

c. Disruptive Behavior: Article 2.3.5 of the Academic Freedom Report (AFR) for students at Michigan State University states: "The student's behavior in the classroom shall be conducive to the teaching and learning process for all concerned." Article 2.3.10 of the AFR states that "The student has a right to scholarly relationships with faculty based on mutual trust and civility." General Student Regulation 5.02 states: "No student shall . . . interfere with the functions and services of the University (for example, but not limited to, classes . . .) such that the function or service is obstructed or disrupted. Students whose conduct adversely affects the learning environment in this classroom may be subject to disciplinary action through the Student Faculty Judiciary process.

d. Attendance: Students whose names do not appear on the official class list for this course may not attend this class. Students who fail to attend the first four class sessions or class by the fifth day of the semester, whichever occurs first, may be dropped from the course.

Class: Attendance at all classes is strongly encouraged and may be monitored. Students who are unable to attend class must contact Ms. Bappert or Dr. Kreulen before the beginning of class to ask to be excused.

Clinical Attendance:
Attendance at all planned clinical experiences is required. A student who cannot attend a planned clinical experience must notify their clinical faculty prior to the start of the clinical day using their pre-determined defined call-in protocol. A student who misses a clinical experience may be required to 1) provide appropriate a written excuse from a health care provider for incidents of illness/injury, and 2) make-up the clinical time.

Any student who is not prepared to provide safe nursing care at a given clinical experience for any reason (including previous absence from clinical experiences, insufficient preparation for client encounters, and incomplete documentation of immunization and CPR status) may be sent home from that clinical experience.

Bad Weather Procedures. Clinical instructors will provide students with information the first day of clinical regarding procedures for the event of severe dangerous weather.

Any unexcused absence may be cause for student withdrawal from the course. Absences are excused at the discretion of the faculty. Students with unexcused absences or excessive absences from clinical that are in jeopardy of failing to meet course objectives may be asked to withdraw or receive a ‘0’ in the course.
Examinations:

Examinations will be given during course periods and may be given online. Students arriving late will have the scheduled time for completion of the exam. All students are expected to take examinations on the date scheduled, unless prior arrangements are made with the course faculty. For emergency situations, students are to contact faculty as soon as possible. If unable to contact faculty, call College of Nursing office and leave a message regarding the reason for absence. It is the student’s responsibility to reach faculty as soon as possible following the examination. Arrangements to take an alternate examination will be made at that time. There will be one opportunity for an alternative exam. Alternate exams may use with additional formats (essay, fill in the blank, etc.). Make-up exams are routinely scheduled within one week of the original exam date. Health providers’ statements may be required. Questions regarding examination grades will be put forward within one week of the exam date. Alterations will not be made after this time.

For additional information see the MSU Ombudsman’s Web Site on Attendance Policy, Excused Absences and Make-up Work. This site includes discussion of student observance of major religious holidays, student-athlete participation in athletic competition, student participation in university-approved field trips, medical excuses and a dean's drop for students who fail to attend class sessions at the beginning of the semester).

e. Other: Refer to MSU Spartan Life Handbook and College of Nursing BSN Handbook for additional policies relevant to this course, including academic dishonesty, taping and communication devices, weather, protection of property/computers, scholarship and grades, SIRS, disabled student procedures.

Course Calendar: The course calendar will be available the first day of class on the ANGEL course site. It will include the class schedule, exam dates, and tentative due dates for required assignments.