Mental Health and Psychiatric Nursing  
NUR 370 (4 Credits)  
Section 001

Lecture/Recitation/Discussion Hours: 2  
Date: Theory-Thursdays, 12:40 – 2:30, Room A131 LS  
Lecture/Recitation/Discussion Hours: 2
Clinical Lab: Monday or Wednesday, Hours TBA, Location TBA
Lab Hours: 90; Credit Hours: 2
FALL 2007

Course Description: NUR 370 is an extension of foundational social science concepts into nursing therapeutics aimed at mental health and the care of persons with mental illnesses. Medication and non-medication interventions, group interventions, and therapeutic environments will be studied and demonstrated.

Course Objectives

At the end of this course the student will:

1. Apply intermediate-level communication skills with people experiencing mental health deviations.
2. Critique and value the impact of her/his critical thinking process used in their psychiatric and mental health nursing practice.
3. Interpret data in the delivery of targeted nursing care to persons and populations with mental health deviations.
4. Analyze the interactions between individual factors and societal forces and between cultural and socioeconomic factors on mental health.
5. Analyze and apply theory and data for the care management for mentally ill persons and populations.
6. Evaluate the multidisciplinary roles in the care of persons and populations with mental illness.
7. Analyze ethical issues related to the care of persons and populations with mental illness.
8. Examine theory and research related to the prevention and treatment of mental illness.

Prerequisites: NUR 300, NUR 330, NUR 340, NUR 350, PHM 350

Co-requisites: NUR 360, NUR 380
Faculty

Clinical Course Chairperson:
Gretchen Gauck-Dubes, RN, MSN
W126 Owen Graduate Center, Office hours:
(M):

Course Lecturers:
Elaine Tetreault MSN, APRN BC, NP
W114 Owen Graduate Center; Office hours: Thur 2:30-3:00
(M):
Celia Wills Ph.D., RN
W109 Owen Graduate Center
(0): 517.432.1182

Clinical Instructors:
Elaine Tetreault

tetreau6@msu.edu
(M):

Gretchen Gauck-Dubes

gauck@msu.edu
(M):

TBA

University of Michigan Hospital &
C.S. Mott Children's Hospital
Ann Arbor

Pine Rest & Forest View
Grand Rapids

St. Lawrence
Lansing

St. Mary’s
Livonia

Frequently Called Telephone Numbers/People:
Media Lab: Life Sciences; 353-9020
College of Nursing; A221 Life Sciences: 355-6523.

Class Lecture Meeting Day, Time, Location
Thursdays, 12:40 – 2:30, Room A131 LS

Instructional Model

NUR 370 is a 4-credit course that includes theoretical, lab, and clinical components. This course introduces the beginning nursing student to the concepts and skills related to mental health and psychiatric nursing across the life span.

Two hours per week are designated for theory content. Theory content will be presented through lecture, small group discussion, independent viewing of media, and group assignments. The
completion of assigned readings and media prior to each class is necessary to facilitate comprehension, understanding, and integration of content vital to this course.

Six hours a week are designated for lab/clinical study. The lab content of the course will be front loaded with the students utilizing clinical time initially in the simulation lab to expand and evaluate interpersonal skills. The clinical practicum will provide immersion with acutely ill adults and children.

**Required Texts**


**Evaluation/Grading Scale**

The Standard College of Nursing grading scale will be utilized to report course grades. Percentages will be rounded to the nearest whole number before a grade point is assigned. Points ≥ 0.5 will be rounded up. See Clinical Performance Evaluation form for further clarification of grade determination.

<table>
<thead>
<tr>
<th>Percentage</th>
<th>Grade</th>
</tr>
</thead>
<tbody>
<tr>
<td>100-94%</td>
<td>4.0</td>
</tr>
<tr>
<td>93-89%</td>
<td>3.5</td>
</tr>
<tr>
<td>84-88%</td>
<td>3.0</td>
</tr>
<tr>
<td>83-79%</td>
<td>2.5</td>
</tr>
<tr>
<td>75-78%</td>
<td>2.0</td>
</tr>
<tr>
<td>74-70%</td>
<td>1.5</td>
</tr>
<tr>
<td>65-69%</td>
<td>1.0</td>
</tr>
<tr>
<td>≤64%</td>
<td>0</td>
</tr>
</tbody>
</table>

Fifty percent of the course grade is based on the theory portion of this course and the other 50% of the course grade is based on the clinical portion. The theory grade will be based on quizzes and exams. A student must achieve a minimum grade of 75% or 2.0 in performance behaviors, clinical
assignments, and in the theory class in order to pass the course, regardless of the weighted total of the three. Student must receive a “Pass” grade in all clinical performance behaviors* in order to pass the course. A “Fail” grade in clinical performance will result in a grade point of 0.0 for the course. If a student fails to make a grade of 75% or 2.0 on clinical assignments, or in the theory class, a grade point of 0.0 will be assigned for the course.

*The clinical performance behaviors evaluation tool will be posted on ANGEL.

** Any student deemed unsafe will not pass the course and will receive a grade point of 0.0.

Theory portion of the course: 50% of final grade

The theory portion of the grading is based on medication quizzes and exams. Medication quizzes are open book and taken online. Two exams and a cumulative final exam will consist of NCLEX-style questions which test students’ abilities to apply theory to case situations. Class time will be given for the exams.

<table>
<thead>
<tr>
<th>Evaluation Activities</th>
<th>Percent of theory grade</th>
</tr>
</thead>
<tbody>
<tr>
<td>Medication quizzes (3)</td>
<td>5</td>
</tr>
<tr>
<td>Exam 1</td>
<td>25</td>
</tr>
<tr>
<td>Exam 2</td>
<td>25</td>
</tr>
<tr>
<td>Exam 3</td>
<td>10</td>
</tr>
<tr>
<td>Final Exam</td>
<td>35</td>
</tr>
</tbody>
</table>

Clinical Portion of the course: 50% of final grade

The lab/clinical grade will further be divided into assignments and clinical performance. Assignments will include two complete nursing care plans, two process recordings, an ethics presentation, and a vulnerable population presentation. Sixty percent of the clinical grade will be based on these four assignments. The clinical performance portion of the clinical grade (Pass/Fail) is calculated using the clinical performance behaviors evaluation tool. Due dates for clinical assignments are determined by clinical faculty and may be individualized to meet agency and student needs. Penalties for late assignments will be assessed at 5% per week.

<table>
<thead>
<tr>
<th>Assignment/30%</th>
<th>Percent of clinical assignment grade</th>
</tr>
</thead>
<tbody>
<tr>
<td>2 Nursing Care Plans</td>
<td>40</td>
</tr>
<tr>
<td>2 Process Recordings</td>
<td>30</td>
</tr>
<tr>
<td>Ethics Detective Post-Conference Report</td>
<td>10</td>
</tr>
<tr>
<td>Vulnerable Populations Concept Map and Report</td>
<td>20</td>
</tr>
</tbody>
</table>
Professionalism:
Student Faculty Relationship

It is expected that a professional, courteous, positive demeanor will be exhibited to peers, faculty, and College of Nursing staff with each encounter. It is expected that you will be on time to theory and clinical. If, for some reason, you have to be late or leave early, the course coordinator or your clinical instructor should be notified and plans will be made so you will not disturb the entire class. Talking, reading the newspaper, surfing the net, and sleeping are considered disrespectful during lecture. Cell phones are to be turned off during class and clinical time. Asking questions and requesting clarification of information is highly encouraged as student input is valued and worthwhile.

Timeliness, honesty, integrity, a positive attitude, assertive communication skills, and motivation are some of the personal skills that one should be developing, or refining, during nursing school. These positive skills will be utilized in your three years at the College of Nursing and in your chosen profession.

Refer to MSU Spartan Life Handbook and College of Nursing BSN Handbook for Policies regarding: (also see University, CON, and Course Policies, item D, in this syllabus)

1. Academic Dishonesty
   “I vow to hold myself and my peers to the highest measure of honesty and integrity…”
   I will neither give nor receive any unauthorized assistance in completing my assigned academic work.” BSN Student Handbook, pg. 19
2. Taping and Communication Devices
3. Weather
4. Protection of Property/Computers
5. Protection of Scholarship and Grades
6. SIRS
7. Clinical Attire/Dress Code
8. Disabled Students

University, CON, and Course Policies

Attendance: Students whose names do not appear on the official class list for this course may not attend this class. Students who fail to attend the first four class sessions or class by the fifth day of the semester, whichever occurs first, may be dropped from the course.

1. Nursing is a professional program and attendance is an expectation.

   ATTENDANCE AT CLINICAL ORIENTATION IS REQUIRED. If you are unable to attend related to an emergency or serious illness, notification of the clinical instructor must be made prior to the clinical experience time. Failure
to assume responsibility and accountability for clinical attendance will result in the student being individually counseled and reported to the Course Chair and Office of Student Affairs. Excessive absence and/or tardiness, or a perceived pattern of absences or tardiness, may result in a 0.0 being awarded for the course. If a message is left on voice mail or an answering machine, it is the students’ responsibility to follow up the recorded message with a personal conversation within 48 hours.

2. Attendance for clinical practicum is required. Make-up clinical hours will be negotiated with the clinical faculty.

Examinations

Examinations will be given during course periods. Students arriving late will have the scheduled time for completion of the exam. All students are expected to take examinations on the date scheduled, unless prior arrangements are made with the course faculty. For emergency situations, students are to contact faculty as soon as possible. If unable to contact faculty, call the College of Nursing office and leave a message regarding the reason for absence. It is the students’ responsibility to reach faculty as soon as possible following the examination to make arrangements to take an alternate examination. There will be one opportunity for an alternative exam. Alternate exams may used with additional formats (essay, fill in the blank, etc.). Make-up exams are routinely scheduled within one week of the original exam date. Health providers’ statements may be required. Questions regarding examination grades will be put forward within two weeks of the exam date. Alterations will not be made after this time.

Communication

E-Mail & Student Mailboxes:

All students are expected to check their e-mail and student mailboxes (in the Student Lounge) to retrieve course information. Student paperwork will be returned on a timely basis and placed in the mailboxes or handed back in lecture or clinical setting. E-mail is for the sole purpose of conveying constructive, positive course and nursing information ONLY and is a privilege. Any student utilizing this service to convey personal opinion, pass on chain letters, or advertising unauthorized statements will be reported to the Director of the Office of Student Affairs and the Associate Dean for Academic Affairs and will be dealt with on an individual basis. Inappropriate use may result in the individual being removed from the class list and any other actions determined necessary by the Course Chairperson and College of Nursing administrators.
Policies:

**Academic Integrity:** Article 2.3.3 of the Academic Freedom Report states that "The student shares with the faculty the responsibility for maintaining the integrity of scholarship, grades, and professional standards." In addition, the College of Nursing adheres to the policies on academic honesty as specified in General Student Regulations 1.0, Protection of Scholarship and Grades; the all-University Policy on Integrity of Scholarship and Grades; and Ordinance 17.00, Examinations. (See Spartan Life: Student Handbook and Resource Guide and/or the MSU Web site: www.msu.edu.) Therefore, unless authorized by your instructor, you are expected to complete all course assignments, including homework, lab work, quizzes, tests and exams, without assistance from any source. You are expected to develop original work for this course; therefore, you may not submit course work you completed for another course to satisfy the requirements for this course. Also, you are not authorized to use the www.allmsu.com Web site to complete any course work in (NUR 370). Students who violate MSU rules may receive a penalty grade, including—but not limited to—a failing grade on the assignment or in the course. Contact your instructor if you are unsure about the appropriateness of your course work. (See also http://www.msu.edu/unit/ombud/honestylinks.html)

**Accommodations for Students with Disabilities:** Students with disabilities should contact the Resource Center for Persons with Disabilities to establish reasonable accommodations. For an appointment with a disability specialist, call 353-9642 (voice), 355-1293 (TTY), or visit MyProfile.rcpd.msu.edu.

**Disruptive Behavior:** Article 2.3.5 of the Academic Freedom Report (AFR) for students at Michigan State University states: "The student's behavior in the classroom shall be conducive to the teaching and learning process for all concerned." Article 2.3.10 of the AFR states that "The student has a right to scholarly relationships with faculty based on mutual trust and civility." General Student Regulation 5.02 states: "No student shall . . . interfere with the functions and services of the University (for example, but not limited to, classes . . .) such that the function or service is obstructed or disrupted. Students whose conduct adversely affects the learning environment in this classroom may be subject to disciplinary action through the Student Faculty Judiciary process.

**Clinical Orientation Calendar:**

Schedule for first and second week of clinical orientation for Spring 2007 Semester: *The first and second orientation days as listed below are MANDATORY and will account for your first and second clinical days.*

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Location</th>
<th>Event</th>
<th>Faculty</th>
</tr>
</thead>
<tbody>
<tr>
<td>Week 1:</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Monday</td>
<td>8-27-07</td>
<td>TBA</td>
<td>370 Orientation Monday Group</td>
<td>Gretchen Dubes &amp; Elaine Tetreault</td>
</tr>
<tr>
<td></td>
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<tr>
<td>Wednesday</td>
<td>8-29-07</td>
<td>TBA</td>
<td>370 Orientation Wednesday Group</td>
<td>Gretchen Dubes &amp; Elaine Tetreault</td>
</tr>
<tr>
<td>Week 2:</td>
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<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Wednesday</td>
<td>9-5-07</td>
<td>TBA</td>
<td>370 Orientation Wednesday Group</td>
<td>Gretchen Dubes &amp; Elaine Tetreault</td>
</tr>
<tr>
<td>Monday</td>
<td>9-10-07</td>
<td>TBA</td>
<td>370 Orientation Monday Group</td>
<td>Gretchen Dubes &amp; Elaine Tetreault</td>
</tr>
</tbody>
</table>
Please access ANGEL 370, download and bring the following materials to the **first week clinical orientation**: 1) “Therapeutic Communication” PowerPoint lecture, 2) “Mental Status Exam” PowerPoint lecture, and 3) your 370 Syllabus.

**Second week clinical orientation:** Complete and bring to class the Therapeutic Communication Study Module, which can be accessed on the 370 Angel site.