



Behavioral Health Nursing

NUR 371 Section 001

A131 Life Science

Clinical locations and times TBA

4 Credit Hours

Spring 2017

- I. Catalog Course Description:** Extension of foundational social science concepts into nursing therapeutics aimed at behavioral health and the care of persons with mental illnesses.
- II. Course Objectives:**
- Incorporate liberal education principles into application, synthesis and evaluation of course concepts. (1.1; 1.2)
 - Apply intermediate-level communication skills with persons experiencing mental health deviations. (1.4; 6.2; 7.3; 9.4; 9.21)
 - Interpret data in the delivery of targeted nursing care to persons and populations with mental health deviations. (3.2; 3.4; 3.5; 7.5; 9.1; 9.5; 9.8)
 - Analyze the interactions between individual, cultural and socioeconomic factors on behavioral health. (1.1; 5.4; 5.5; 5.7; 5.8; 7.1; 8.5; 9.1)
 - Analyze and apply theory and data for the care management for mentally ill persons and populations. (3.1; 7.1; 7.3; 7.11; 7.13)
 - Evaluate the multidisciplinary roles in the care of persons and populations with mental illnesses. (6.1; 6.2)
 - Analyze ethical issues related to the care of persons and populations with mental illnesses. (5.8; 8.1; 8.4; 7.12; 8.10; 8.11; 8.12)
 - Examine theory and research related to the prevention and treatment of mental illnesses. (3.1; 7.1)
- III. Additional Course Detail:** This course will introduce you to the specialty area of behavioral health nursing. This course is an extension of foundational social sciences concepts into nursing therapeutics aimed at mental health and the care of persons with mental illness. Medication and non-medication interventions, group interventions and therapeutic environments will be studied and demonstrated.
- IV. Prerequisites:** NUR 322 and NUR 324
- V. Co-requisites:** NUR 322 concurrently and NUR 334 concurrently
- VI. Standards Documents:** The curriculum is guided by the following documents.

American Association of Colleges of Nursing (2008). *The essentials of baccalaureate education for professional nursing practice*. Washington, DC.

<http://www.aacn.nche.edu/education-resources/BaccEssentials08.pdf>

American Nurses Association (2015). *Guide to the code of ethics for nurses with interpretive statements*.

Washington, DC <http://tinyurl.com/codeofethics2015>

American Nurses Association (2015). *Nursing: Scope and standards of practice* (2nd ed.). Washington, DC

<http://tinyurl.com/scopeandstandards2015>

American Nurses Association (2015). *Nursing's social policy statement: The essence of the profession* (3rd ed.). Washington, DC <http://tinyurl.com/socialpolicy2015>

VII. Course Faculty:

Doug Olsen, PhD, RN, Course Coordinator
Office: A102 Life Science
Office Hours: Tuesdays 8:30 to 10:30AM
Email: Douglas.Olsen@hc.msu.edu
Clinical: Memorial of Owosso Hospital
Note: Times can be arranged to accommodate student schedules.

Gretchen Dubes, MSN, RN
Office: A227 Life Science
Hours: By appointment
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Clinical: Pine Rest, Grand Rapids & Battle Creek VA
Note: Times can be arranged to accommodate student schedules.

Karen Rishel, MSN, RN
Email: Karen.Rishel@hc.msu.edu
Clinical: St. Lawrence-Sparrow, Lansing
Note: Times can be arranged to accommodate student schedules.

Maya Clark, MSN, RN, FNP, BC
Email: Maya.Clark@hc.msu.edu
Clinical: St. Joseph, Ypsilanti
Note: Times can be arranged to accommodate student schedules.

Marjorie Frank, MSN, RN
Email: Marjorie.Frank@hc.msu.edu
Clinical: St. Mary, Livonia
Note: Times can be arranged to accommodate student schedules.

Katherine Marshall, DNP, PMHCNS-BC, NP
Hours: By appointment
Email: Katherine.Marshall@hc.msu.edu
Clinical: Memorial of Owosso Hospital
Note: Times can be arranged to accommodate student schedules.

VIII. Instruction:

- a. **Methodology:** NUR 371 is a 4-credit course that includes theoretical, lab, and clinical components. This course introduces the beginning nursing student to the concepts and skills related to behavioral health nursing across the life span. Two hours per week are designated for theory content. The completion of assigned readings prior to each class is necessary to facilitate comprehension, understanding, and integration of content vital to this course. Students need reliable, high-speed access to the **Desire to Learn (D2L) course management system**. The Desire to Learn (D2L) course management system is also used for handouts, student-student communication and student-professors communication.

Students need reliable, high speed access (cable or DSL) to the Desire to Learn (D2L) help for browsers. Students also need the following programs: Real Player, Macromedia (also called Flash Player) to view to view simulation lab videos. If you have problems accessing any files on Desire to Learn (D2L), please call the Desire to Learn (D2L) Help Line at 1.800.500.1544 or 517.355.2345 (24/7).

- b. **Writing Requirements:** Writing Requirements: Specific guidelines and evaluation rubrics are available on NUR 371 D2L website and will be used for each evaluated assignment. All written assignments must follow writing style requirements of the American Psychological Association (APA) as outlined in the required APA Publication Manual (6th ed. Second printing) and CON requirements.
- c. **Use of laptops, iPads, and other online devices:** Students will use laptops, IPADs, tablets, smart phones or other electronic online devices during theory classes as instructed by the faculty member for specific class activities. Students will not have the option of using laptops, IPADs, tablets, smart phones or other electronic online devices during theory for note-taking. To facilitate note-taking faculty will number each slide enabling students to readily link slides with written notes. No taping of lectures or presentations is permitted without instructor consent. Students will need to use their personal laptop to take the quizzes and exams.
- d. **Required Texts:**

Ackley, B.J. & Ladwig, G.B. (2014). *Nursing Diagnosis Handbook: An Evidence guide to Planning Care*. St. Louis: Elsevier. (ISBN: 978-0-323-08549-6)

American Psychological Association. (2010). *Publication manual of the American Psychological Association* (6th ed.). Washington, DC. Author.

Halter, M.J. (2014). Varcarolis' *Foundations of Psychiatric Mental Health Nursing: A Clinical Approach*. 7th ed. St. Louis: Elsevier. (ISBN: 978-1-4557-5358)

Varcarolis, E. (2015). *Manual of Psychiatric Nursing Care Planning*. 5th ed. St. Louis: Elsevier. (ISBN: 978-14557-4019-2)

- e. **Optional Texts:**

Arnold, E., & Boggs, K. (2016). *Interpersonal Relationships: Professional communication skills for nurses*. (7th ed.). St. Louis: Elsevier. (ISBN: 9780323242813)

IX. American Nurses Association Electronic Books (E-books)

*American Nurses Association (2015). ***Guide to the Code of Ethics for Nurses: Interpretation and Application:** <http://tinyurl.com/codeofethics2015>

*American Nurses Association (2015). ***Nursing Scope and Standards of Practice:** <http://tinyurl.com/scopeandstandards2015>

*American Nurses Association (2015). ***Nursing's Social Policy Statement: The Essence of the Profession** <http://tinyurl.com/socialpolicy2015>

*Access these e-books through the MSU Libraries Catalog or the Nursing E-book page: <http://libguides.lib.msu.edu/nursingebooks>. These e-books allow unlimited concurrent users.

X. Other Required Resources, References, Supplies

- a. Desire2Learn Helpline
1.800.500.1554 (24 hrs, 7 days/week)
517.355.2345 (24 hrs, 7 days/week)
www.d2l.msu.edu (D2L Help link in upper right corner)
<http://help.d2l.msu.edu/>
Always check with the Help Line first!
<http://help.d2l.msu.edu/students/quick-start-guide>
- b. **Frequently Called Telephone Numbers**
Simulation Lab, Life Sciences; 355-5765 (with answering machine)
Media Lab (Andy Greger) Life Sciences, 353-9020
College of Nursing Office of Student Support Services C120 Bott Building 353-4827.
DMC- College of Osteopathic Medicine, 4707 St. Antoine St, Detroit, MI 48201; 517-884-9674,

XI. Evaluations:

- a. **Learning Assessments and Grading:** NUR 371 course grade will be calculated as showed in the table below. In order to pass the course with a 2.0 or higher, the student must also earn an assessment average of $\geq 75\%$ and a pass in clinical utilizing the Clinical Evaluation Tool. A student who earns an assessment average of $< 75\%$ will not pass NUR 371. A student who is determined by the clinical faculty to have deficiencies in clinical will receive an *unsatisfactory rating* on the final evaluation and will not pass NUR 371.
- b. Additionally any student deemed unsafe in Clinical as determined by faculty will receive a failing grade in the course.
- c. **ATI Proctored Assessment: All students are required to take the proctored assessment exam in order to pass the course.** Additionally, if a student successfully passes the course with a 75% or greater in theory and passes the clinical practice component AND achieves a Level II or higher score on the ATI exam, an additional 2% will be added to the student's final grade in the course. Student ATI assessment results lower than a Level II will have no effect on the course grade as long as the exam requirement is completed.

Items Graded	Weight (Percent of Course Grade)
Exam 1*	25
Exam 2*	25
Exam 3*	25
Process recording	15
Vulnerable Population	10
Educational experience	P/F
2 Weekly work sheets	P/F
ATI	Bonus 2% if level 2 or above

***Items marked with as asterisk (*) are considered Learning Assessments. Students must earn and average score of $\geq 75\%$ to pass the course.**

- d. **Course Grading Scale:*** The standard College of Nursing grading scale will be utilized

%	GRADE
94-100 %	4.0
89-93.99%	3.5
84-88.99%	3.0
79-83.99%	2.5
75%-78.99%	2.0 (Minimum passing grade)
70%-74.99	1.5
65%-69.99%	1.0
<65%	0.0

CON does not round Course Grades. (eg.93.9%=93% =3.5)

*For specific information regarding grading related to student progression through the curriculum, please refer to the “Progression through the Major Policies” section of the Baccalaureate Student Handbook

XII. Examinations

- a. Tardiness: If a student is late, he/she will only be allowed the allotted time remaining to complete the exam.
- b. Absences: Students must notify course faculty of any absence prior to the start of the exam.
- c. Excused Absence: Absence from an exam may be excused for such reasons as a family death, serious family illness, court mandated appearance, and personal illness (requiring HCP documentation). Excused absence must have appropriate documentation in order to be excused. Course faculty will make the determination of whether an absence is excused if it meets the above criteria.
- d. Unexcused Absence: No make-up exam will be scheduled. Student will receive a zero grade.
- e. Make-up Exam (for excused absence only):
 - a. Students must contact the faculty member to schedule the make-up examination. The exam must be made-up within 1 week of the original examination date; any extension beyond 1 week is at the discretion of faculty and would only occur in the event of extraordinary circumstances. Faculty will determine the date and time of the make-up exam.
 - b. Make-up exams may differ from the original exam and include, for example, essay, short answer, matching, and true/false type questions.
- f. Proctor process: See the BSN Student Handbook for the proctoring process.

XIII. College Policies:

The College of Nursing expects that students will demonstrate professional behavior in all situations. Specific expectations for clinical and other professional venues can be found in the appropriate handbook. You are responsible for reviewing and acting in accordance with the policies and procedures found in the following sources, including the following topics: Professionalism, Academic Integrity, Accommodations for Students with Disabilities, Disruptive Behavior, Attendance, Compliance, and Progression.

- CON BSN Student Handbook: <http://nursing.msu.edu/BSN%20Programs/Handbooks/default.htm>
 - Includes Professional Development Guidelines
 - Students are responsible for the information found in the CON BSN Student Handbook.
- MSU Spartan Life Online: <http://www.vps.msu.edu/SpLife>.
- Information for MSU Students: <http://www.msu.edu/current/index.html>
- Academic Programs: <http://www.reg.msu.edu/AcademicPrograms>
- Code of Teaching Responsibility and Student Assessments and Final Grades: <http://www.reg.msu.edu/AcademicPrograms/Print.asp?Section=514>
- Integrity of Scholarship and Grades: <http://www.reg.msu.edu/AcademicPrograms/Print.asp?Section=534>

Professionalism:

You must be familiar with the standards set by the MSU CON. The College of Nursing expects that students will demonstrate professional behavior in all situations. Specific expectations for clinical and other professional venues can be found in the appropriate handbook. It is important for each student to conduct themselves professionally for both clinical and classroom setting. You are responsible to be respectful of your peers and instructor during classroom and clinical. Please be respectful of your agencies policy regarding the use of cell phones. Some clinical agencies ask that students refrain from using cell phones during clinical. There will be hard copy desk references available for students to use specifically regarding drug information and care plan books. If you are ill or late for clinical please notify your instructor by phone. Each clinical instructor will provide contact information to be used by each student. Dress code for nursing 371 clinical requires that you wear your MSU button down polo shirt with agency ID badge clearly visible. Business causal pants are to be worn. No jeans, stretchy yoga pants, hoodies or open toe shoes are to be worn.

Nursing is a professional program and attendance is an expectation.

ATTENDANCE AT CLINICAL ORIENTATION IS REQUIRED. If you are unable to attend related to an emergency or serious illness, **notification of the clinical instructor must be made prior to the clinical experience time.** Failure to assume responsibility and accountability for clinical attendance will result in the student being individually counseled and reported to the Course Chair and Office of Student Affairs. Excessive absence and/or tardiness, or a perceived pattern of absences or tardiness, may result in a 0.0 being awarded for the course. If a message is left on voice mail or an answering machine, it is the students' responsibility to follow up the recorded message with a personal conversation within 48 hours. Attendance for clinical practicum is required. You must schedule make-up clinical hours with your assigned clinical faculty prior to your make-up clinical day.

E-Mail: All students are expected to check their e-mail. Student paperwork will be returned on a timely basis and handed back in lecture or clinical setting. E-mail is for the sole purpose of conveying constructive, positive course and nursing information **ONLY** and is a privilege. Any student utilizing this service to convey personal opinion, pass on chain letters, or advertising unauthorized statements will be reported to

the Director of the Office of Student Affairs and the Associate Dean for Academic Affairs and will be dealt with on an individual basis. Inappropriate use may result in the individual being removed from the class list and any other actions determined necessary by the Course Chairperson and College of Nursing administrators.

Faculty reserves the right to dismiss a student from clinical areas if the student is too ill, unprepared or a risk to patient safety for any reason as determined by the instructor. Students who are late to clinical are considered a risk to patient safety. Dismissal from clinical for any reason, excluding illness is deemed unexcused, thus carrying the requisite grade consequences as described in the course syllabus.

Students participating in academic misconduct of any kind will fail the course.

Clinical Course Compliance Requirements

All Michigan State University College of Nursing (CON) Undergraduate Nursing Students are **required to be in compliance** with all health/immunization requirements, criminal background checks, BLS certification, blood borne pathogen training, HIPAA training, and any other agency specific requirement while in the nursing program (Refer to BSN Handbook for detailed policy and procedures).

Students will be considered **out of compliance** if a designated immunization or other item required to be submitted to the University Physician's Office, Office of Student Support Services, ACEMAPP, or other agency is not updated by the designated deadline.

Students enrolled in clinical nursing courses who are **out of compliance will receive a 1% reduction** to the overall course grade which will be applied at the end of the semester for each item out of compliance during the course. If an item is not brought into compliance within 1 week an additional 1% reduction will be taken for each week the student is out of compliance.

Additionally, students enrolled in clinical courses who are identified as out of compliance will not be permitted to attend clinical until documentation has been submitted to the correct compliance monitoring office. Clinical absences that result from out of compliance status may affect the ability of the student to successfully meet clinical course objectives, which may result in course failure.

Guidelines to Enhance Personal Safety

The following are recommendation to enhance personal safety when traveling to and from clinical experiences.

Travel Using Public Transportation

- Follow the recommended route when traveling by bus or subway.
- Know the directions to the clinical site prior to leaving home.
- Travel in groups, never alone.
- Have your clinical faculty member's telephone number in your cell phone in case you become lost.
- Never carry a purse. Keep your money and keys in a small wallet that fits in your pocket.
- Always walk with one arm free.
- Walk with confidence. Use eye contact when looking at others.
- Do not openly display technology when traveling, e.g. laptops, I-Pads, MP3 player, or I-phones.

- Do not talk on your phone or text while walking. Do not have earbuds in use.
- Be aware of your surroundings; do not engage in excessive conversation.
- Avoid isolated areas.
- Trust your instincts. If you feel unsafe, leave the area. Call your instructor when it is safe to do so.
- Communicate any safety concerns to your clinical instructor or any faculty member immediately.

Travel Using Personal Vehicle

- Obtain directions to site prior to the first clinical day.
- Test drive your vehicle to the clinical site and calculate estimated travel time.
- Check with your clinical instructor about the availability for parking prior to deciding to drive.
- If street parking is the only option, park in view of the clinic site.
- Residents often save a parking spot by placing lawn chairs in front of their homes. Do not remove.
- Keep your doors locked at all times while in vehicle.
- Do not text or talk on your cell phone while driving, parking, and exiting your vehicle.
- Lock your car upon exiting. Lock valuables in your trunk prior to traveling to the clinical site. Never have valuables visible in your car.
- Do not carry a purse; keep money and valuables in a pocket.
- Do not exit the car if you feel unsafe. Find a different parking spot or call your instructor.
- When returning to your car, have keys in hand when leaving the clinical site.
- Do not drive down dead-end streets which makes turning around difficult.
- Do not drive down alleys with debris or glass which may cause flat tires.
- Do not drive down narrow streets which could restrict movement if you need to exit the vehicle.

Honors Option: Students enrolled in the Honors College may elect to complete a project to earn honors credit for NUR 332. All honors projects must be arranged and coordinated through the course coordinator. To be eligible for this option the student must contact the course leader no later than the end of the second week of the semester. Please refer to the BSN Student Handbook for more information.

XIV. University & College Policies:

Academic Integrity:

Article 2.3.3 of the [Academic Freedom Report](#) states that "The student shares with the faculty the responsibility for maintaining the integrity of scholarship, grades, and professional standards." In addition, the College adheres to the policies on academic honesty as specified in General Student Regulations 1.0 on Protection of Scholarship and Grades, the all-University Policy on Integrity of Scholarship and Grades, and Ordinance 17.00 on Examinations. (See [Spartan Life: Student Handbook and Resource Guide](#) <http://splife.studentlife.msu.edu/> and/or the MSU Web site: www.msu.edu). Therefore, unless authorized by your instructor, you are expected to complete all course assignments, including homework, lab work, quizzes, tests and exams, without assistance from any source. You are expected to develop original work for this course; therefore, you may not submit course work you completed for another course to satisfy the requirements for this course. Also, you are not authorized to use the www.allmsu.com web site or other similar sites to complete any course work for this course. Students who violate course, College, or University

policy may receive a penalty grade, including – but not limited to – a failing grade on the assignment or in the course. Contact your instructor if you are unsure about the appropriateness of your course work. See also: <https://www.msu.edu/unit/ombud/academic-integrity/index.html#regulations>

Grief Policy

The faculty and staff should be sensitive to and accommodate the bereavement process of a student who has lost a family member or who is experiencing emotional distress from a similar tragedy so that the student is not academically disadvantaged in his/her classes. It is the responsibility of the student to: **a)** notify the Associate Dean by completing the grief absence request form <https://reg.msu.edu/StuForms/Stuinfo/GriefAbsenceForm.aspx>. **b)** complete all missed work as determined by the instructor. It is the responsibility of the Associate Dean or designee to: **a)** determine with the student the expected period of absence – it is expected that some bereavement processes may be more extensive than others depending on individual circumstances, **b)** notify the faculty that the student will be absent, and **c)** receive verification of the authenticity of a grief absence request upon the student's return. It is the responsibility of the instructor to work with the student to: **a)** make reasonable accommodations and **b)** to include appropriate language describing such accommodations in their course syllabus, so that the student is not penalized due to a verified grief absence. Students who believe their rights under this policy have been violated should contact the University Ombudsperson.

Accommodations for students with disabilities:

Students with disabilities should contact the Resource Center for Persons with Disabilities to establish reasonable accommodations. For an appointment with a disability specialist, call 353-9642 (voice), 355-1293 (TTY), or visit MyProfile.rcpd.msu.edu. Students who use RCPD accommodations must adhere to the RCPD policies and procedures.

Disruptive Behavior:

Article 2.3.5 of the [Academic Freedom Report](#) (AFR) for students at Michigan State University states: “The student's behavior in the classroom shall be conducive to the teaching and learning process for all concerned.” Article 2.3.10 of the AFR states that “The student has a right to scholarly relationships with faculty based on mutual trust and civility.” [General Student Regulation 5.02](#) states that “No student shall . . . interfere with the functions and services of the University (for example, but not limited to, classes . . .) such that the function or service is obstructed or disrupted.” Students whose conduct adversely affects the learning environment in this classroom may be subject to disciplinary action through the Student Faculty Judiciary process.

Attendance:

Students whose names do not appear on the official class list for this course may not attend this class. Students who fail to attend the first four class sessions or class by the fifth day of the semester, whichever occurs first, may be dropped from the course. See the Ombudsman's web site for a discussion of student observance of major religious holidays, student-athlete participation in athletic competition, student participation in university-approved field trips, medical excuses and a dean's drop for students who fail to attend class sessions at the beginning of the semester.

Spartan Honor Code

“As a Spartan, I will strive to uphold values of the highest ethical standard. I will practice honesty in my work, foster honesty in my peers, and take pride in knowing that honor is worth more than grades. I will carry these values beyond my time as a student at Michigan State University, continuing to endeavor to build personal integrity in all that I do.”

XV. Course Calendar:

Course calendar will be posted in D2L prior to the beginning of classes.