

## **COMMUNITY AND POPULATION HEALTH NURSING**

**NUR 470 Section 734**

**Location of Class: Online**

**Clinical locations and times: TBA**

**4 Credits**

**Spring 2017**

- I. Catalog Course Description:** Theoretical and practicum basis for community-oriented population nursing practice. Promoting and protecting the health of the public using health promotion, risk reduction, and disease management and control strategies with vulnerable persons and populations. Community assessment, epidemiologic, environmental, change, political action, and case-management frameworks are used to guide evidence-based nursing care delivery to persons, families, and populations in community settings.
- II. Course Objectives:** At the end of this course, students will:
- a. Analyze and evaluate the effectiveness of interactive relationships with family and population clients, interdisciplinary groups, and community organizations.
  - b. Apply critical thinking and decision-making to community contexts in relation to assessment, resource utilization, program development, policy formation, and interventions with persons, families and populations to promote the health of the public.
  - c. Utilize epidemiologic and population level data to develop and/or guide interventions in the management of care to targeted persons and populations residing in the community.
  - d. Skillfully facilitate adoption of values and behaviors of persons/populations that will achieve and/or maintain an optimal level of health and wellness.
  - e. Assist community-based clients with illness self-management to maintain the highest possible level of health and wellness in coordination with multidisciplinary health and social services providers.
  - f. Facilitate the health of a population in partnership with community members.
  - g. Advocate for the health of persons and populations in public and policy arenas.
  - h. Integrate evidence-based guidelines for health promotion and disease prevention with client values and clinical expertise in the provision of nursing care to individuals/families and populations/communities.
  - i. Consistently apply analysis of the interaction among global, cultural and socioeconomic factors to influence health and wellness.
- III. Additional Course Details:** None
- IV. Prerequisites:** NUR 455 and NUR 465
- V. Co-requisites:** NUR 485 concurrently

**VI. Standards Documents:** The curriculum is guided by the following documents:

American Association of Colleges of Nursing (2008). *The essentials of baccalaureate education for professional nursing practice*. Washington, DC.

<http://www.aacn.nche.edu/education-resources/BaccEssentials08.pdf>

American Nurses Association (2015). *Guide to the code of ethics for nurses with interpretive statements*. Washington, DC <http://tinyurl.com/codeofethics2015>

American Nurses Association (2015). *Nursing: Scope and standards of practice* (2<sup>nd</sup> ed.). Washington, DC. <http://tinyurl.com/scopeandstandards2015>

American Nurses Association (2015). *Nursing's social policy statement: The essence of the profession* (3<sup>rd</sup> ed.). Washington, DC <http://tinyurl.com/socialpolicy2015>

**VII. Course Faculty:**

Karen Malmsten, RN, MS, MEd

Instructor

Office: A 205 Life Sciences Building, 1355 Bogue St., East Lansing, MI 48824

E-Mail: [karen.malmsten@hc.msu.edu](mailto:karen.malmsten@hc.msu.edu)

Office Phone: Cell phone number will be e-mailed to students enrolled

Office Hours: To be arranged to accommodate student schedules.

Katherine Marshall, DNP, PMHCNS-BC, CNE, NP

Instructor

Office: A 261 Life Sciences Building, 1355 Bogue St., East Lansing, MI 48824

E-Mail: [Katherine.Marshall@hc.msu.edu](mailto:Katherine.Marshall@hc.msu.edu)

Office Phone: 517-432-6675

Office Hours: To be arranged to accommodate student schedules.

**E-mail Communication:** Email communication for this course is preferred when possible.

Instructors will be using student msu.edu email addresses. The goal is to respond to your questions within 24 hours Monday through Friday, and within 48 hours if sent during the weekend.

**VIII. Instruction:**

a. Methodology:

This course contains both an online theory component and a precepted clinical practicum. The online portion of the course is delivered via weekly learning modules. The clinical portion of the course involves 72 hours of precepted clinical experiences and 7 online clinical discussion forums (explained in detail below). Clinical experiences occur in public health and community-oriented population-focused settings and provide opportunities for community/public health nursing practice with vulnerable populations.

b. Writing Requirements:

Grading rubrics will be used to grade each component of the Community Projects. APA style is required for written assignments unless exceptions are explicitly given by the faculty.

c. Required Text:

Stanhope, M. and Lancaster, J. (2014). *Foundations of nursing in the community: Community-oriented practice* (4th ed.). St. Louis, MO: Mosby.  
ISBN: 978-0-323-10094-6.

American Psychological Association. (2010). *Publication manual of the American Psychological Association* (6<sup>th</sup> ed.). Washington, DC. Author.

**IX. American Nurses Association Electronic Books (E-books)**

American Association of Colleges of Nursing (2008). *The essentials of baccalaureate education for professional nursing practice*. Washington, DC.

<http://www.aacn.nche.edu/education-resources/BaccEssentials08.pdf>

American Nurses Association (2015). *Guide to the code of ethics for nurses with interpretive statements*. Washington, DC <http://tinyurl.com/codeofethics2015>

American Nurses Association (2015). *Nursing: Scope and standards of practice* (2<sup>nd</sup> ed.). Washington, DC <http://tinyurl.com/scopeandstandards2015>

American Nurses Association (2015). *Nursing's social policy statement: The essence of the profession* (3<sup>rd</sup> ed.). Washington, DC <http://tinyurl.com/socialpolicy2015>

**X. Other Required Resources, References, Supplies**

Readings and resources will be posted on the course Desire to Learn (D2L) site.

Students are required to furnish their own transportation to and from the clinical site and to assigned activities during a variety of clinical experiences.

a. Desire2Learn Helpline

1.800.500.1554 (24 hrs, 7 days/week)

517.355.2345 (24 hrs, 7 days/week)

[www.d2l.msu.edu](http://www.d2l.msu.edu) (D2L Help link in upper right corner)

<http://help.d2l.msu.edu/>

Always check with the Help Line first!

<http://help.d2l.msu.edu/students/quick-start-guide>

b. Frequently Called Telephone Numbers

Simulation Lab, Life Science; 355-5765 (with answering machine)

Media Lab (Andy Greger) Life Science, 353-9020

College of Nursing Office of Student Support Services C120 Bott Building 353-4827.

DMC – College of Osteopathic Medicine, 4707 St Antoine St, Detroit, MI 48201

517-884-9674.

## XI. Evaluation:

### a. Learning Assessments and Grading:

The course grade will be comprised of 50% theory grade, and 50% clinical grade as outlined in the table below. Theory grades will be based on weekly quizzes and two exams. Clinical grades will be based on clinical assignments.

A student must achieve a minimum grade of 75% or 2.0 in theory, a “pass” on the clinical evaluation, **and** a 75% or 2.0 in clinical assignments in order to pass the course regardless of the weighted total. A minimum of 75% is required on **each component** of the Community Project to pass the course. If 75% is not achieved on the first attempt, the student must remediate to a minimum grade of 75%; however, the original grade on the assignment will stand.

Theory		% of Course Grade
Midterm Exam	15%	50%
Final Exam-cumulative	20%	
Weekly Quizzes	15%	
Clinical		
<u>Postings</u>	20%	50%
<ul style="list-style-type: none"><li>• Discussion Forum</li><li>• Signed Calendar</li></ul>		
<u>Community Project</u>	30%	
Part 1 Assessment	36 pts	
Part 2 Analysis	24 pts	
Part 3 Intervention and Evaluation	24 pts	
Part 4 Implementation and Evaluation	16 pts	

**\*A 2% reduction in grade will be made for each day an assignment or posting is late.**

b. **The clinical grade** will be divided into clinical performance (P/F) and clinical assignments (50%). A folder with the guidelines and rubrics for clinical assignments can be found in a clinical assignments folder in the course D2L site.

- Clinical performance will be evaluated utilizing the MSUCON Clinical Performance Evaluation Tool. Students will participate in midterm and final self-evaluations and have formal midterm and final conferences with their preceptors and clinical instructors. Progress toward goals will be examined at midterm, identifying strengths and weaknesses in performance. Any items marked with a “needs improvement” by the clinical instructor at midterm will necessitate a written action plan, and a midterm progress report will be completed. The final clinical evaluation and conference will focus on performance over the semester in achieving course objectives.
- **Weekly postings** are worth 20% of the grade. Students will post a cumulative calendar each week in the **drop box**. In addition, there are graded **Discussion Forums** that contribute to this portion of the grade.

- **A community project** is worth 30% of the grade. A minimum of a 75% score is required on **each** part of this assignment.
- c. **Any student deemed clinically unsafe will not pass the course.** A 0.0 grade will be given for unsafe or dishonest behavior, unexcused absences and failure to meet minimal course expectations.
- d. **Course Grading Scale:** The standard College of Nursing grading scale will be utilized.

%	GRADE
94-100 %	4.0
89-93.99%	3.5
84-88.99%	3.0
79-83.99%	2.5
75%-78.99%	2.0 (Minimum passing grade)
70%-74.99	1.5
65%-69.99%	1.0
<65%	0.0

CON does not round Course Grades. (eg.93.9%=93% =3.5)

\*For specific information regarding grading related to student progression through the curriculum, please reference the “Progression through the Major Policies” section of the Baccalaureate Student Handbook.

## **XII. Examinations:**

- a. Tardiness: If a student is late, he/she will only be allowed the allotted time remaining to complete the exam.
- b. Absences: Students must notify course faculty of any absence prior to the start of the exam.
- c. Excused Absence: Absence from an exam may be excused for such reasons as a family death, serious family illness, court mandated appearance, and personal illness (requiring HCP documentation). Excused absence must have appropriate documentation in order to be excused. Course faculty will make the determination of whether an absence is excused if it meets the above criteria.
- d. Unexcused Absence: No make-up exam will be scheduled. Student will receive a zero grade.
- e. Make-up Exam (for excused absence only):
  1. Students must contact the faculty member to schedule the make-up examination. The exam must be made-up within 1 week of the original examination date; any extension

beyond 1 week is at the discretion of faculty and would only occur in the event of extraordinary circumstances. Faculty will determine the date and time of the make-up exam.

2. Make-up exams may differ from the original exam and include, for example, essay, short answer, matching, and true/false type questions.

### **XIII. College Policies:**

The College of Nursing expects that students will demonstrate professional behavior in all situations. Specific expectations for clinical and other professional venues can be found in the appropriate handbook. You are responsible for reviewing and acting in accordance with the policies and procedures found in the following sources, including the following topics: Professionalism, Academic Integrity, Accommodations for Students with Disabilities, Disruptive Behavior, Attendance, Compliance, and Progression.

- CON BSN Student Handbook:  
<http://nursing.msu.edu/BSN%20Programs/Handbooks/default.htm>
  - Includes Professional Development Guidelines
  - Students are responsible for the information found in the CON BSN Student Handbook.
- MSU Spartan Life Online: <http://www.vps.msu.edu/SpLife>.
- Information for MSU Students: <http://www.msu.edu/current/index.html>
- Academic Programs: <http://www.reg.msu.edu/AcademicPrograms>
- Code of Teaching Responsibility and Student Assessments and Final Grades:  
<http://www.reg.msu.edu/AcademicPrograms/Print.asp?Section=514>
- Integrity of Scholarship and Grades:  
<http://www.reg.msu.edu/AcademicPrograms/Print.asp?Section=534>

#### **Professionalism:**

- a. **Dress code.** *The MSU CON* and clinical agency dress code (see BSN Student Handbook) is to be followed. Green polo shirts and black or khaki pants are required in the clinical setting. Other requirements are specified in the student handbook.
- b. **Appropriate professional behavior and clinical preparation.** Under the direction of clinical faculty and/or preceptors, students direct their learning and collaborate with others to achieve outcomes. Students are to carry out each clinical day with responsibility and accountability within the behavioral norms of the agency, and follow College of Nursing and agency patient confidentiality guidelines at all times.

***During the first week of the semester (January 9<sup>th</sup> is the first day of class), each student is to meet with his or her preceptor. The purpose of this meeting is to:***

1. Establish practice relationship and communication protocols
2. Discuss linkages between course objectives and agency opportunities
3. Identify their specific “community” or groups with whom they will work
4. Develop a tentative monthly clinical schedule for the semester if possible (if work schedules are not known, notify the course instructor to determine the frequency of tentative calendar submission)

Clinical precepted experiences occur one day per week over a 15 week period that begin the week of **January 9<sup>th</sup>** and ends the week beginning **April 23<sup>rd</sup>**. NUR470-734 requires 72 clinical hours on-site clinical practice per week (**4.5-5** hours for 15 weeks) and the completion of **7** Discussion Forums completed outside of the clinical setting (each requires 1.5-2 hours to complete).

Clinical activities involve travel and students must arrange for their own transportation for these activities. Lunch hours and travel to and from clinical sites are not included in required clinical hours. Students are not allowed to use personal vehicles to transport agency clients.

Students are advised to schedule their practicum on the same day each week. The number of clinical hours per week may be adjusted to take advantage of learning opportunities as long as the preceptor and clinical instructor approve.

Completion of the **Tentative and Weekly** calendars is the responsibility of the student and is described in the Orientation power point.

Throughout the practicum, students are to have regular face-to-face clinically oriented planning and processing discussions with their preceptors. Students are responsible for discussing clinical activities and intervention plans and to promptly apply all feedback (verbal and written) to ongoing performance improvement.

- c. **Delivery of nursing care.** Under the supervision and direction of clinical instructors and clinical preceptors, students will provide the following levels of community/public health nursing services:

*Community/population-focused care:* Students work individually to apply the nursing process with a specific population in the community. This experience is designed to provide an opportunity to develop personal knowledge and skill in evidence-based community assessment and care. It goes beyond the family to a larger community group, which may be geographically defined but can also be a group of people who share certain characteristics/interests. All community-focused care must address health needs identified by the population and supported by community health data. Students are to partner with their preceptor and with community members.

The *Community Project* assignment is submitted in four parts to their Professor during the semester. The specific requirements of the assignment, due dates, and the grading rubric are posted on D2L.

Clinical experiences outside of the assigned clinical agency must be approved by the preceptor and the course coordinator; notify the course coordinator if you have an idea and want assistance in finding the appropriate site. (Ex: visiting a community health nurse working in another setting)

### **Technical problems:**

Students who experience technical difficulties should notify the D2L help desk immediately in an attempt to resolve the problems. If the difficulty impacts or may impact the timely submission of required course work, the faculty is also to be notified via email or phone to discuss options prior to the submission deadline. If the problem has not been reported to the D2L help desk, no extension will be granted. Students are expected to plan ahead, and have back-up technology plans in place to assure that all assignments are submitted on time.

Lectures, quizzes and examinations must remain the property of the College of Nursing and must not be copied from the Internet for use with others. **Any quiz or exam should not be printed or copied. Printing or reproducing an exam or quiz will be considered academic dishonesty.** According to university policy, consequences for academic dishonesty may include failure of the course, expulsion from the major, or expulsion from the university. You are advised to complete and submit your own work. Any quizzes or exams in the College of Nursing are NOT group projects and must not be shared with other students in any way.

### **Clinical Course Compliance Requirements:**

All Michigan State University College of Nursing (CON) Undergraduate Nursing Students are **required to be in compliance** with all health/immunization requirements, criminal background checks, BLS certification, blood borne pathogen training, HIPAA training, and any other agency specific requirement while in the nursing program (Refer to BSN Handbook for detailed policy and procedures).

Students will be considered **out of compliance** if a designated immunization or other item required to be submitted to the University Physician's Office, Office of Student Support Services, ACEMAPP, or other agency is not updated by the designated deadline.

Students enrolled in clinical nursing courses who are **out of compliance will receive a 1% reduction** to the overall course grade which will be applied at the end of the semester for each item out of compliance during the course. If an item is not brought into compliance within 1 week an additional 1% reduction will be taken for each week the student is out of compliance.

Additionally, students enrolled in clinical courses who are identified as out of compliance will not be permitted to attend clinical until documentation has been submitted to the correct compliance monitoring office. Clinical absences that result from out of compliance status may affect the ability of the student to successfully meet clinical course objectives, which may result in course failure.

### **Guidelines to Enhance Personal Safety**

The following are recommendation to enhance personal safety when traveling to and from clinical experiences.

#### **Travel Using Public Transportation**

- Follow the recommended route when traveling by bus or subway.
- Know the directions to the clinical site prior to leaving home.
- Travel in groups, never alone.
- Have your clinical faculty member's telephone number in your cell phone in case you become lost.
- Never carry a purse. Keep your money and keys in a small wallet that fits in your pocket.
- Always walk with one arm free.
- Walk with confidence. Use eye contact when looking at others.
- Do not openly Do not talk on your phone or text while walking.
- Do not have earbuds in use.
- Be aware of your surroundings; do not engage in excessive conversation.



- Avoid isolated areas.
- Trust your instincts. If you feel unsafe, leave the area. Call your instructor when it is safe to do so.
- Communicate any safety concerns to your clinical instructor or any faculty member immediately.

### **Travel Using Personal Vehicle**

- Obtain directions to site prior to the first clinical day.
- Test drive your vehicle to the clinical site and calculate estimated travel time.
- Check with your clinical instructor about the availability for parking prior to deciding to drive.
- If street parking is the only option, park in view of the clinic site.
- Residents often save a parking spot by placing lawn chairs in front of their homes. Do not remove.
- Keep your doors locked at all times while in vehicle.
- Do not text or talk on your cell phone while driving, parking, and exiting your vehicle.
- Lock your car upon exiting. Lock valuables in your trunk prior to traveling to the clinical site. Never have valuables visible in your car.
- Do not carry a purse; keep money and valuables in a pocket.
- Do not exit the car if you feel unsafe. Find a different parking spot or call your instructor.
- When returning to your car, have keys in hand when leaving the clinical site.
- Do not drive down dead-end streets which makes turning around difficult.
- Do not drive down alleys with debris or glass which may cause flat tires.
- Do not drive down narrow streets which could restrict movement if you need to exit the vehicle.

**Honors Option:** Refer to the BSN Student Handbook for CON Policy related to Honors Options in Nursing Courses.

### **XIV. University Policies:**

#### **Academic Integrity**

Article 2.3.3 of the Academic Freedom Report states that "The student shares with the faculty the responsibility for maintaining the integrity of scholarship, grades, and professional standards." In addition, the College adheres to the policies on academic honesty as specified in General Student Regulations 1.0 on Protection of Scholarship and Grades, the all-University Policy on Integrity of Scholarship and Grades, and Ordinance 17.00 on Examinations. (See Spartan Life: Student Handbook and Resource Guide <http://splife.studentlife.msu.edu/> and/or the MSU Web site: [www.msu.edu](http://www.msu.edu)). Therefore, unless authorized by your instructor, you are expected to complete all course assignments, including homework, lab work, quizzes, tests and exams, without assistance from any source. You are expected to develop original work for this course; therefore, you may not submit course work you completed for another course to satisfy the requirements for this

course. Also, you are not authorized to use the [www.allmsu.com](http://www.allmsu.com) web site or other similar sites to complete any course work for this course. Students who violate course, College, or University policy may receive a penalty grade, including – but not limited to – a failing grade on the assignment or in the course. Contact your instructor if you are unsure about the appropriateness of your course work.

See also: <https://www.msu.edu/unit/ombud/academic-integrity/index.html#regulations>

### **Accommodations for students with disabilities**

Students with disabilities should contact the Resource Center for Persons with Disabilities to establish reasonable accommodations. For an appointment with a disability specialist, call 353-9642 (voice), 355-1293 (TTY), or visit [MyProfile.rcpd.msu.edu](http://MyProfile.rcpd.msu.edu). Students who use RCPD accommodations must adhere to the RCPD policies and procedures.

### **Attendance**

Students whose names do not appear on the official class list for this course may not attend this class. Students who fail to attend the first four class sessions or class by the fifth day of the semester, whichever occurs first, may be dropped from the course. See the Ombudsman's web site for a discussion of student observance of major religious holidays, student-athlete participation in athletic competition, student participation in university-approved field trips, medical excuses and a dean's drop for students who fail to attend class sessions at the beginning of the semester.

### **Disruptive behavior**

Article 2.3.5 of the [Academic Freedom Report](#) (AFR) for students at Michigan State University states: "The student's behavior in the classroom shall be conducive to the teaching and learning process for all concerned." Article 2.3.10 of the AFR states that "The student has a right to scholarly relationships with faculty based on mutual trust and civility." [General Student Regulation 5.02](#) states that "No student shall . . . interfere with the functions and services of the University (for example, but not limited to, classes . . .) such that the function or service is obstructed or disrupted." Students whose conduct adversely affects the learning environment in this classroom may be subject to disciplinary action through the Student Faculty Judiciary process.

### **Grief Policy**

The faculty and staff should be sensitive to and accommodate the bereavement process of a student who has lost a family member or who is experiencing emotional distress from a similar tragedy so that the student is not academically disadvantaged in his/her classes. It is the responsibility of the student to: **a)** notify the Associate Dean by completing the grief absence request form <https://reg.msu.edu/StuForms/Stuinfo/GriefAbsenceForm.aspx>. **b)** complete all missed work as determined by the instructor. It is the responsibility of the Associate Dean or designee to: **a)** determine with the student the expected period of absence – it is expected that some bereavement processes may be more extensive than others depending on individual circumstances, **b)** notify the faculty that the student will be absent, and **c)** receive verification of the authenticity of a grief absence request upon the student's return. It is the responsibility of the instructor to work with the student to: **a)** make reasonable accommodations and **b)** to include appropriate language describing such accommodations in their course syllabus, so

that the student is not penalized due to a verified grief absence. Students who believe their rights under this policy have been violated should contact the University Ombudsperson.

### **Spartan Honor Code**

“As a Spartan, I will strive to uphold values of the highest ethical standard. I will practice honesty in my work, foster honesty in my peers, and take pride in knowing that honor is worth more than grades. I will carry these values beyond my time as a student at Michigan State University, continuing to endeavor to build personal integrity in all that I do.”

**XV. Course Calendar:** Course calendar will be posted in D2L.