Catalog Course Description: Baccalaureate-level knowledge and skills need to assess the health and wellness status of individuals and families across the lifespan and from diverse and vulnerable populations. Influence of genetic, genomic, culture, environment, and aging.

Course Objectives: At the end of this course, students will:

1. Utilize therapeutic communication skills in performing a health and wellness assessment. (Communication)
2. Integrate cultural and socioeconomic aspects of health behavior into the assessment of individuals across the lifespan. (Global and Cultural Competence)
3. Demonstrate comprehensive and systematic documentation of subjective and objective assessment data. (Nursing Therapeutics)
4. Apply selected assessment skills in community-based clinical experiences.
5. Distinguish normal from abnormal findings and the impact these findings have on individual function and quality of life. (Nursing Therapeutics; Health Promotion and Risk Reduction)
6. Compare and contrast subjective and objective data obtained through health assessment.
7. Utilize the nursing process and principles of health promotion/disease prevention for individuals and populations at risk. (Health Promotion and Risk Reduction)
8. Integrate health and wellness assessment techniques with the critical thinking process to summarize individual data. (Critical Thinking)
9. Analyze individual and family health assessment data and formulate statements relative to therapeutic plans of care. (Evidence-Based Practice)
10. Incorporate ethical concepts into the health assessment process. (Ethical Practice)
11. Formulate nursing intervention appropriate to promoting health and quality of life across the lifespan process in various health care settings. (Evidence-Based Practice)

Prerequisites/Co-requisites: None

Professional Standards & Guidelines: The curriculum is guided by the following documents:

Faculty Contact Information:

Karen Lake, Ph.Dc, RNC  
Instructor and Certified Nurse Practitioner  
Michigan State University  
College of Nursing  
Office: W124 Owen Graduate Hall  
Phone: 517-353-4741  
E-mail: karen.lake@msu.edu  
Office Hours: By appointment.  
Email is the best mechanism by which to contact me. Times for phone or on campus meeting will gladly be arranged to accommodate student schedules. E-mails and phone calls will be answered within 24 hours with exception of the weekends unless it is emergent.

Judith Strunk, DNP, RN  
Instructor  
Michigan State University  
College of Nursing  
Office:  
Phone:  
E-mail: @hc.msu.edu  
Office Hours: By appointment.

Required Texts and Resources:

b. Required Texts:


Optional Textbooks:


c. Required Resources, References, Supplies:  
You will need to bring your stethoscopes to on-campus days.

ANGEL Help Line  
1.800.500.1554 (24 hrs, 7 days/week)  
517.355.2345 (24 hrs, 7 days/week)  
www.angel.msu.edu (ANGEL Help link in upper right corner)  
Always check with the ANGEL Help Line first!

Instructional Model

This is an on-line course that includes textbook reading, multiple choice quizzes, case studies, research postings related to new medications, and multiple choice examinations.
Grading:

Grades will be determined by adding all of the course activities together and arriving at a specific number (point total). The MSU 4.0 grading system will be utilized to report final course grades.

NUR 335 uses the standard College of Nursing undergraduate grading scale. Students must earn at least 75% (2.0) to receive credit toward the nursing major.

There is no opportunity for “extra credit” in this course.

a. Course Grading Scale: The standard College of Nursing grading scale will be utilized.

<table>
<thead>
<tr>
<th>%</th>
<th>GRADE</th>
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<tbody>
<tr>
<td>100 -- 94</td>
<td>4.0</td>
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<tr>
<td>93 -- 89</td>
<td>3.5</td>
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<tr>
<td>88 -- 84</td>
<td>3.0</td>
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<tr>
<td>83 -- 79</td>
<td>2.5</td>
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<tr>
<td>78 -- 75</td>
<td>2.0</td>
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<tr>
<td>74 -- 70</td>
<td>1.5</td>
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<tr>
<td>69 -- 65%</td>
<td>1.0</td>
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<tr>
<td>&lt;64%</td>
<td>0.0</td>
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</tbody>
</table>

Final Course Grades will not be rounded

Evaluation:

A grade of 2.0 must be achieved in order to pass NUR 335.

Evaluation strategies used may include: your participation and constructive/thoughtful contribution to online postings/discussions, quizzes, examinations, student activities, written assignments, documentation, history taking, physical examination and patient assessment.

Active, relevant, professional and ethical participation (in class, via e-mail & on-line) is expected. Students will have an ongoing, formative evaluation, over the course of the semester. Communication that is deemed unprofessional, unacceptable or detrimental to student learning may be deleted by the faculty. Any communication that is deleted will not count towards earning points.

Students must complete every assignment, on a timely basis, in order to pass NUR 335. Any assignment not completed may result in course failure.

If a student has an emergency situation the expectation is the course faculty will be contacted prior to the assignment due date to make alternative arrangements.

Students must successfully complete ALL pass-fail experiences, check-offs and documentation to receive credit for NUR 335. The student is expected to demonstrate competency during patient care and while working with the preceptor. Students will have one opportunity to repeat documentation that does not meet satisfactory criteria.

All students are expected to provide safe, ethical, competent care to patients at all times. If the preceptor or other health care provider determines an unsafe situation has occurred, the student may receive 0.0 for the course. Please refer to the Professional Development Guidelines in the MSU College of Nursing.
Undergraduate Handbook. Additionally, the American Nurses Association (ANA) Code of Ethics must be followed at all times. The Code, with Interpretive Statements, may be found (for viewing only) at http://nursingworld.org/ethics/code/protected_nwcoe303.htm

University & College Policies:

The College of Nursing expects that students will demonstrate professional behavior in all situations. Specific expectations for clinical and other professional venues can be found in the appropriate handbook. You are responsible for reviewing and acting in accordance with the policies and procedures found in the following sources, including the following topics: Professionalism, Academic Integrity, Accommodations for Students with Disabilities, Disruptive Behavior, Attendance, Compliance, and Progression.

- CON Student handbook  http://nursing.msu.edu/handbooks.asp
- Information for Current Students—including Rights, Responsibilities and Regulations for Students  http://www.msu.edu/current/index.html
- Academic Programs  http://www.reg.msu.edu/UCC/AcademicPrograms.asp

Adjuvant Course Description: This course has been developed as an online theory based course in conjunction with a clinical practicum. Course content is specific to experienced Registered Nurses seeking completion of a Baccalaureate degree in nursing who have not completed a freestanding physical assessment course.

The course has been created and structured to provide students with the knowledge and skills necessary to complete and document a holistic health and physical assessment through application of therapeutic communication and health literacy.

Course Essentials: Clinical Practicum

Clinical Practicum: The clinical experience is a partnership between student, preceptor and course faculty. It is a course expectation that by semester end the student will conduct and document a holistic, patient centered, interview and physical examination. This will be accomplished through an ongoing demonstration of skills and knowledge under preceptor tutelage and evaluation and through personal reflective critiques.

Clinical Hours: Forty-five hours of clinical practicum occurring over a 7-week period is required to meet course requirements. In addition:

1. It is the students responsibility to obtain a signed the Letter of Intent (LOI) from the preceptor and return it to the Clinical placement office before their clinical practicum begins.
2. It is the student's responsibility to monitor the number of hours completed.
3. There is no front-loading of hours to complete the recommended hours early.
4. The student is responsible for arranging the days and times they will attend the clinical agency. These are to be scheduled at the convenience and the availability of the clinical preceptor prior to the commencement of the clinical practicum.
5. Weekends and evenings are permissible with preceptor approval.
6. It is the student’s responsibility to establish, with the clinical preceptor, the requirements for clinical, inclusive of dress, parking arrangements, etc.
Attendance:
1. In the event of illness (individual, family or preceptor) or other emergent issues, it is the responsibility of the student to contact their preceptor and/or course faculty promptly.
2. If additional clinical hours need to be arranged the student will need to discuss, with the clinical preceptor and course faculty, a plan for completing the required clinical hours.

Professional behavior and dress: A student not only represents him/herself but also are ambassadors of Michigan State University College of Nursing. A professional presence, physical, social and intellectual, is an expectation of the program. This includes appropriate interpersonal relations and communication, respect for all with whom you interface with, compliance with organizational policies, honesty and integrity. An ID badge, which identifies them as a MSU student, should be worn at all times while in clinical. Failure to meet these obligations could result in failure of this course. Additional information can be found in the College of Nursing Baccalaureate BSN Student Handbook under “course resources” on ANGEL or at http://nursing.msu.edu/downloads/2009UndergraduateHandbookonline.5.pdf. Students are responsible for the information found in the MSN CON Undergraduate BSN Student Handbook.

Clinical Documentation:
1. Students will not be documenting in the official patient record.
2. Documentation is a required element of the theory portion of the course with submission of documentation required on a weekly basis during clinical weeks.
3. The student is required to document the subjective and objective component of the note separately during their clinical day so the preceptor may review for clinical accuracy and provide feedback. A portion of the clinical hours may be used to achieve this.
4. Please see the requirements for clinical documentation under the theory portion of the syllabus.

Patient Population:
1. The theory portion of the course encompasses adult specific content, non-acute ages 18 and older. Therefore clinical patient encounters should align with this population as much as possible. Pediatric and adolescent patients can be seen as supplementary to the adult population.
2. It is strongly encouraged that the students have experience caring for patients of diverse backgrounds, cultures, and of differing gender, religious, and spiritual practices (American Association of Colleges of Nursing, 2008).

Communication with faculty: As this is a web-based course I encourage a collaborative partnership and encourage communication throughout the semester and will always make myself available to discuss concerns, answer questions or hear comments.

Course Essentials: Theory

Theory: The course framework is based on five units each with relevant modules which contain an outline of specific content, objectives, suggested reading, viewing or listening, resources and assignments or exams relevant to that module.

Course units and modules can be accessed through ANGEL beginning the first day of the semester, May 14, 2012 at 8 a.m. The Nursing 335 week begins on Sunday at 12 a.m. and ends the following Sunday at 11:55 p.m. All assignments are due as indicated in the course schedule. All assignments are due by Sunday at 11:55 p.m.

This course has been created for students with diverse learning styles inclusive of auditory, visual and kinesthetic materials and experiences.

1. APA format is essential for all Papers, Discussion Forums and PowerPoint presentations. Resources for APA format can be found in ANGEL under Course Resources.
2. Web sources such as Wikipedia and Epodunk are not considered Evidenced-Based or scholarly and will not be accepted as sources for scholarly work.
3. Referenced literature should be no older than 5 years with the most recent literature preferable. If literature older than 5 years may be utilized for comparison to recent literature or if there is insufficient research.

4. Resources on citing resources can be found on both ANGEL under “Course Resources” and the following links. Plagiarism is a serious academic offense so if you have questions regarding what is considered appropriate I suggest these two resources or you may contact the course instructor.

5. MSU writing center is another wonderful resource, which you can find at:
   http://writing.msu.edu

Avoiding Plagiarism – the OWL at Purdue
http://owl.english.purdue.edu/owl/resource/589/01/

Michigan State University, Office of the Ombudsman – What Are MSU’s Policies on Plagiarism?
http://www.msu.edu/unit/ombud/plagiarism.html

Assignments

Health History Documentation: Following completion of Unit I content, each student will be required to conduct and document a holistic and comprehensive health interview. This may be completed on a family or friend, anonymity of the individual being interviewed is essential. Sensitive or personal information, which the individual prefers not to share, should not be included in the documentation. Under the Course Content tab will be a Course Rubrics folder with grading rubric, checklists and documentation format to complete this assignment.

Module Examinations: There will be 3 exams on respective module content. Each exam will contain 15 questions and will be available on ANGEL the beginning of each week, Monday at 12 a.m. through Sunday at 11:55 p.m.; you will have 40 minutes to complete each quiz. You have one opportunity to take the quiz; therefore I recommend a quiet, interruption free, environment with reliable Internet access. If you experience technological challenges while taking the quiz, please contact the ANGEL help desk immediately (located under course resource tab and in the syllabus); this will prompt an e-mail alert to the course instructor. In addition, please send e-mail to the course instructor so an alternate time can be arranged for a quiz retake, if needed.

Discussion Board: Most modules will have a discussion component with a content specific question/s. This is an opportunity to synthesize, analyze and express your thoughts and ideas while responding to the question/s. It is also an opportunity to ask questions, clarify module content and respond, in a professional manner, to postings of individuals in your cohort. Responses are not expected to be lengthy, brevity is appreciated. A lengthy, verbose, response is much easier to write than a concise, yet comprehensive one, but the latter is a great skill to own and will serve you well professionally. Discussions board questions will be available Monday at 12 a.m. through Sunday at 11:55 p.m. There is a grading rubric for discussions in the Course Rubrics folder.

Documentation of a Comprehensive Physical Exam: Completion, including documentation, of a comprehensive physical examination, observed by the student’s clinical preceptor, is a requirement of this course. Capitalize on every opportunity to sharpen and polish your assessment skills, in other words; practice as much as you can. The physical exam documentation will be turned in at the designated drop box.

Clinical Documentation: There will be clinical documentations due over the course of the clinical practicum. Under the Course Content tab there is a Course Rubrics folder, which will contain documents, grading rubric, and resources to assist you in completing your health history and clinical documentation. The documentation should include a self-reflective component. This I have titled “Windshield Time” as I always mentally review or download what I did, or didn’t do, that particular day while driving home, hence the name “Windshield Time”.
<table>
<thead>
<tr>
<th>Assignments</th>
<th>Total Points Possible</th>
<th>Percent of Total Grade</th>
</tr>
</thead>
<tbody>
<tr>
<td>Introduction of Self</td>
<td>5</td>
<td>1%</td>
</tr>
<tr>
<td>Holistic Health History Documentation &amp; Genogram</td>
<td>25</td>
<td>8%</td>
</tr>
<tr>
<td>Discussion Board (x6)</td>
<td>30</td>
<td>9%</td>
</tr>
<tr>
<td>Module Examinations (x3)</td>
<td>45</td>
<td>15%</td>
</tr>
<tr>
<td>Physical Assessment Check off (preceptor) with Written Documentation (ANGEL drop box)</td>
<td>Pass/Fail</td>
<td>P/F (must achieve at least 75%)</td>
</tr>
<tr>
<td>Clinical History and Physical Assessment Documentation (x9)</td>
<td>180</td>
<td>60%</td>
</tr>
<tr>
<td>Self-Reflection Summary</td>
<td>20</td>
<td>6%</td>
</tr>
<tr>
<td>Total</td>
<td>305 points</td>
<td>100%</td>
</tr>
</tbody>
</table>

**Assignments and Grading**

Assignments are due on the date indicated unless the student receives approval for late submission by the course instructor.

If a student has been granted approval to revise and resubmit an assignment the highest grade, which can be received, is an 80%.

Examinations on ANGEL must be taken within the allotted timeframe, and are only available once, unless a retake needs to be scheduled due to an emergency, or technical challenges with ANGEL. The exams are scored electronically on ANGEL and the grades available at the time of completion.

A passing, cumulative, score for this course is 75% (2.0).

**Course Resources**

Resources/links listed below can also be found under “Course Resources” in ANGEL.

**Library Information:**
1. Library Services: [http://www.lib.msu.edu/services](http://www.lib.msu.edu/services)
2. MSU Library: [http://www2.lib.msu.edu/](http://www2.lib.msu.edu/)
3. Proxy Server. To access MSU library resources from an off-campus site, you must set up a proxy server. Directions to set up a proxy server are at [http://techbase.msu.edu/viewpathfinder.asp?id=2507](http://techbase.msu.edu/viewpathfinder.asp?id=2507)

**Technical Resources:**
1. Access to ANGEL: For technical problems: DO NOT contact the course faculty. Technical problems should be referred to the ANGEL help desk. The local campus number is 517-355-2345 or toll free at 1-800-500-1554. You can contact them by e-mail at [http://angel.msu.edu](http://angel.msu.edu).
2. Michigan State University computing and technology services provides resources and assistance for students including hardware and software requirements, guidelines, and policies in addition to academic resources such as; enrollment, student records, and safe computing. You can contact MSU computing and technology services by going to the website [http://computing.msu.edu/index.php](http://computing.msu.edu/index.php)
MSU Accommodations for Students with Disabilities: The Resource Center for persons with Disabilities is available to maximize the success of students by providing disability-related information and referrals, facilitate reasonable accommodations and provide disability-related technical assistance, auxiliary aids/services, advocacy and training. Additional information can be found at http://rcpd.msu.edu/About/Mission or by phone at (517) 884-RCPD (4-7273).

Professional and Academic Integrity: Refers to honesty and responsibility in the academic and clinical environment. This on-line course has been created to assist in maximizing the professional growth and success of the student. Academic assignments completed through effort and commitment will facilitate achievement of these goals. Academic assignments completed by “cheating” is fraudulent and undermines, violates and sabotages mutual trust, respect and runs in complete opposition to the purpose of education. Additional resources can be found at: http://www.msu.edu/unit/ombud/RegsOrdsPolicies.html and in the MSU College of Nursing Baccalaureate BSN Student Handbook at http://nursing.msu.edu/downloads/2009UndergraduateHandbookonline.5.pdf

You will be responsible for the information found in these resources including Honor code, Student responsibilities, student conduct, HIPPA guidelines and attendance. If in doubt, check these out.
<table>
<thead>
<tr>
<th>Week</th>
<th>Date</th>
<th>Unit</th>
<th>Module and Content</th>
<th>Activity Due Date</th>
</tr>
</thead>
</table>
| 1    | 5/14/12    | I. Assessment of the Whole Person                 | I. Introduction to Health Assessment  
Patient Interview and History  
Therapeutic communication  
Health Literacy  
II. Performing a Holistic Assessment  
Cultural Competency  
Genetics and Genomics  
Health Promotion/Disease | Letter of Intent/Introduction: 5/18/12  
Introduce Yourself (5 pts) |
| 2    | 5/21/12    | III. Assessing Specific Populations               | Growth and Development  
Aging Client | Discussion Forum/Participation Engagement (5 points) |
| 3    | 5/28/12    | II. Physical Assessment                           | IV. Techniques, Equipment & General Survey.  
V. Pain Assessment | Health History and Genogram due 6/3/12 by 11:55 PM in the drop box  
Exam #1 on Modules I, II, III. Exam will close 6/3/12 at 11:55 PM |
| 4    | 6/4/12     |VI. Skin, Hair and Nails                           | VII. Head and Neck  
Regional Lymphatic’s  
Eyes  
Ears, Nose, Mouth & Throat | Clinical Documentation of Skin, Hair, Nails & Head/Neck due 6/10/12 by 11:55 PM in the drop box  
Discussion Forum/Participation Engagement (5 points) |
|      | 6/11/12    | 6/15/12 On Campus Day  
9am-4pm  
Lunch 12-1  
bring your lunch/stethoscope  
Park in Lot 100 next to Clinical Center and come to B109 Life Sciences  
12-1 Tour Dairy Store and get ice cream! | VIII. Lungs and Thorax  
IX. Cardiovascular  
Heart  
Peripheral Vascular | Clinical Documentation of Lungs & Thorax / Cardiovascular due 6/17/12 by 11:55 PM in the drop box  
Discussion Forum/Participation Engagement (5 points) |
| 6    | 6/18/12    | X. Abdomen                                       | XI. Musculoskeletal | Clinical Documentation of Abdomen & Musculoskeletal due 6/24/12 by 11:55 PM in the drop box  
Exam #2 on Modules IV, V, VI, VII, VIII, IX. Exam will close 6/24/12 by 11:55 PM |
<table>
<thead>
<tr>
<th></th>
<th>Date</th>
<th>Notes</th>
<th>XII. Neurological Mental Status</th>
<th>Clinical Documentation of Neurological due by 7/1/12 by 11:55 PM in the drop box</th>
</tr>
</thead>
<tbody>
<tr>
<td>7</td>
<td>6/25/12</td>
<td></td>
<td></td>
<td>Discussion Forum/ Participation Engagement (5 points)</td>
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<tr>
<td>8</td>
<td>7/2/12</td>
<td>XIII. Female Assessment</td>
<td>Clinical Documentation of Female / Male / Anus &amp; Rectum due 7/8/12 PM in the drop box</td>
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<tr>
<td></td>
<td></td>
<td>Breasts</td>
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<td></td>
<td></td>
<td>Regional Lymphatic’s</td>
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<td>Genitourinary</td>
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<td>XIV. Male Assessment</td>
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<td>Male genitalia/Prostate</td>
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<td>Regional lymph nodes</td>
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<td>XV. Anus and Rectum</td>
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<td>9</td>
<td>7/9/12</td>
<td>XVI. Putting It All together: The Physical Exam</td>
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<td>10</td>
<td>7/16/12</td>
<td><strong>Last week of clinicals 16th – 22nd</strong></td>
<td>I. Family Violence</td>
<td><strong>Discussion Forum/ Participation Engagement (5 points)</strong></td>
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<td>Elder Abuse</td>
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<td>Intimate Partner Violence</td>
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<td>Child abuse</td>
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<td>II. End of Life</td>
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<td>Spiritual Assessment</td>
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<td>Palliative Care, assessing patient and family preferences</td>
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<td>7/20/12 On Campus Day</td>
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<td>(bring your partner, steth)</td>
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<td>You will here for check offs that day (approx. 3 hours)</td>
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<td></td>
<td>Tour the new College of Nursing Bldg, where you will be going to grad school!</td>
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<tr>
<td>11</td>
<td>7/23/12</td>
<td>IV. Synthesis and Integration</td>
<td>I. Course Synthesis</td>
<td>Physical exam check off and write up due 7/29/12 by 11:55 PM in the drop box</td>
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<tr>
<td></td>
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<td></td>
<td>Critical thinking</td>
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<td></td>
<td></td>
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<td>Clinical Judgment</td>
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<td>Clinical Reasoning</td>
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<tr>
<td>12</td>
<td>7/30/12-8/5/12</td>
<td></td>
<td>I. Course Summation</td>
<td>Personal Reflection due 8/5/12 by 11:55 PM in the drop box. (20 points) Course, Preceptor and Self Evaluations due by 8/2/12</td>
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<tr>
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<td>V. Course Summation</td>
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<td></td>
<td>Please fill out instructor evaluations on line (SIRS)</td>
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</table>