MICHIGAN STATE UNIVERSITY  
College of Nursing  
NUR 409 Psychiatric and Community Health Nursing (4 credits)  
Fall 2006 Syllabus

Course faculty  
Grace Kreulen, Course Lead for Community Health (CH)  
Office: A129 Life Sciences Building  
Phone: 517-353-8679/4543  
Email: gkreulen@msu.edu  
Office Hours: Tuesday 12:10-1p and by appt.

Kathie Bappert, Course Lead for Psychiatric & Mental Health (PMH) and CH faculty  
Office: W 123 Owen Hall  
Phone: 517-243-2769  
Email: kathleen.bappert@hc.msu.edu  
Office Hours: by appointment

Gretchen Gauck-Dubes, Faculty for Psychiatric & Mental Health (PMH)  
Office: W 126 Owen Hall  
Phone: 517-353-4752  
Email: gauck@msu.edu  
Office Hours: by appointment

Charlotte Morgan, Faculty for CH  
Office: W 137 Owen Hall  
Phone: 517-353-4756  
Email: charlotte.morgan@ht.msu.edu  
Office Hours: by appointment

Elaine Tetreault, Faculty for PMH  
Office:  
Phone:  
Email:  
Office Hours: by appointment

Course Meeting Day, Time, Location  
This class meets on Tuesdays per course calendar. Access to course materials is online at https://angel.msu.edu.

Orientation for the companion clinical course NUR 412 (Psych) will be held Monday, August 28 from 8:00 am-4:30 pm, location pending.

Orientation for NUR 410 (Community) is on Wednesday August 30 from 8:00 am to 12:00 pm, location pending, and 1:00 pm to 4:00 pm at Ingham County Health Department.

Course Description  
This four credit Level III (senior year) community health and psych/mental health nursing theory course is offered concurrently with NUR 410 (Practicum in Community Health Nursing) and NUR 412 (Practicum in Psychiatric/Mental Health Nursing). The course is built on a social system framework and explores the theoretical perspectives of community health and behavior. Building on previously acquired knowledge, students study concepts related to psychiatric/mental health and community/public health nursing.
The psychiatric/mental health portion of the course focuses on maladaptive patterns of emotional and behavioral expression, which are studied in the context of a mental health continuum. Specific patterns included are: anxiety, withdrawal, affective, cognitive, and addictive disorders. Students are encouraged to explore selected research studies relevant to the nursing process as it is used to assist individuals, families, and groups in meeting their mental health needs. Resources within the community mental health system are identified.

The community/public health nursing portion of the course provides a theoretical basis for practice in the field of population health. Community/public health content explores public and private health care systems, epidemiology, chronic and communicable disease prevention and control, environmental health, emergency preparedness/disaster management, and nursing care of community-based families and populations. Current trends and issues in local, national, and international community health are examined.

**Course Objectives**

Upon completion of this course, the student will be able to:

1. Examine historical, legal, social, cultural, political, and economic forces that influence the client, nursing practice, and the health care system.
2. Describe health care delivery and insurance systems in the public and private sector and the implications for practice in public health and mental health.
3. Describe a partnership model of multidimensional assessment, diagnosis, planning, intervention, and evaluation with individual/family and population clients in mental health and community settings.
4. Synthesize knowledge of theoretical perspectives on behavior, examining relevant research used in nursing practice for clients with psychiatric-mental health problems.
5. Demonstrate knowledge of the continuum of emotional and behavioral expression in clients, families, and groups.
6. Explain the application of select nursing, public health, epidemiology, health promotion/disease prevention, health education, and behavior change theories and research to community and mental health nursing practice.
7. Describe environmental health and approaches to maintenance of health community environments.
8. Compare the roles and responsibilities of nurses in various community and mental health settings.
9. Describe vulnerability and strategies for working with culturally and economically diverse vulnerable population groups.

**Required Texts & other material**

*Psych Mental Health texts:*


*Community Health text:*


THIS IS A SOFT COVER 2006 Edition BOOK, DO NOT CONFUSE WITH THE 2004 HARDCOVER BOOK BY THE SAME AUTHORS.

NUR 409 Psychiatric Nursing course materials (Available on ANGEL)

NUR 409 Community Health Nursing course materials (Available on ANGEL)

**Recommended for community content:**


Population-based Public Health Nursing Resources: [http://www.health.state.mn.us/divs/chs/phn/resources.html](http://www.health.state.mn.us/divs/chs/phn/resources.html)

**Recommended for psych content:**
Instructional Model

- This is a blended course with in-class and on-line learning activities. Course materials will be posted and maintained on ANGEL. These include learning guides, the class schedule reflecting class topics, exams, and due dates for course requirements. All assignments are to be posted electronically on ANGEL.
- Students are expected to complete all assigned readings, self-study materials, and media prior to the class for which they are assigned. Readings, media and other study materials serve as the background for class discussion and group work. Objectives are provided to help focus study effort. Spot assessment of required media/reading may precede the associated class topic.
- The psychiatric/mental health and community/public health content of the course are presented independently during the semester. Psych/mental health and community health content will be tested in separate exams, which will be given on the same day. Exams will be based on class content, assigned reading, self-study materials, media and other assignments.
- Submission of all assignments and online SIRS course and faculty evaluations is required.
- Classroom courtesy. All communication devices must be turned off during class.
- Special Needs. Any student who has special needs should contact a course chairperson prior to or during the first week of class to discuss his/her needs.

Course Requirements and Evaluation

A maximum of 500 points is possible in NUR 409. Points are assigned to exams and other class requirements as outlined below. Points are summed and are then converted to the University numerical grading scale, using the following conversion categories:

<table>
<thead>
<tr>
<th>Grade (% = points earned/total points)</th>
<th>Grade on University Grading Scale</th>
</tr>
</thead>
<tbody>
<tr>
<td>94-100%</td>
<td>4.0</td>
</tr>
<tr>
<td>89-93%</td>
<td>3.5</td>
</tr>
<tr>
<td>84-88%</td>
<td>3.0</td>
</tr>
<tr>
<td>79-83%</td>
<td>2.5</td>
</tr>
<tr>
<td>75-78%</td>
<td>2.0 Passing</td>
</tr>
<tr>
<td>70-74%</td>
<td>1.5</td>
</tr>
<tr>
<td>65-69%</td>
<td>1.0</td>
</tr>
<tr>
<td>&gt; 64%</td>
<td>0.0</td>
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</tbody>
</table>

NOTE: Students must obtain a course grade of ≥ 2.0 in order to pass the course.

Course requirements with associated points for total course and psych and community content.

<table>
<thead>
<tr>
<th></th>
<th>Psych &amp; Community combined points</th>
<th>Psych portion of course</th>
<th>Community portion of course</th>
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</thead>
<tbody>
<tr>
<td>Exams: 340 pts</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Exam 1</td>
<td>100 points</td>
<td>50 points</td>
<td>50 points</td>
</tr>
<tr>
<td>Exam 2</td>
<td>100 points</td>
<td>50 points</td>
<td>50 points</td>
</tr>
<tr>
<td>Final Exam</td>
<td>140 points</td>
<td>70 points</td>
<td>70 points</td>
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<tr>
<td>Additional: 160 pts</td>
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<tr>
<td>Assignments</td>
<td>120 points</td>
<td>60 points for 3 pham modules</td>
<td>60 points for public health issue report</td>
</tr>
<tr>
<td>Participation</td>
<td>40 points</td>
<td>20 points</td>
<td>20 points</td>
</tr>
<tr>
<td>Total points</td>
<td>500 points</td>
<td>250 points</td>
<td>250 points</td>
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Note: NUR 409 exams reflect NCLEX style questions, i.e., multiple choice questions that reflect the components of the nursing process. Understanding, not just memorization, of the concepts and theories studied is essential to passing the exams.

Policies
A. Refer to MSU Spartan Life Handbook and College of Nursing BSN Handbook for Policies regarding:
   1. Academic Dishonesty
   2. Taping and communication devices
   3. Weather
   4. Protection of property/computers
   5. Protection of Scholarship and grades
   6. SIRS
   7. Clinical Attire/dress code
   8. Disabled Student

B. Attendance at all classes is strongly encouraged and may be monitored.

C. Examinations
   The student is required to notify the course chairpersons prior to the start of the exam if he/she is unable to take an exam. If neither course chairperson is available, the student should leave a voice mail message for both faculty and notify the Office of Student Affairs (Phone: 353-4827). A grade of 0.0 will be given for students who are absent from scheduled exams or other required activities without prior notification of a course chairperson. A student who is unable to take an exam at the scheduled time and given prior notification will be given an alternate exam at the earliest date possible.
   A grade of 0.0 will be given for substantial evidence of academic dishonesty. A student who does not turn in his/her test materials when requested to do so will receive a grade of 0.0 for the exam. Exam results will be posted on ANGEL. The student will be able to monitor his/her progress on exams and other activities via ANGEL.

D. Student Progress
   Any student who has a concern about his/her grade is responsible for approaching the course chairperson(s) to discuss the concern. Students who are experiencing academic difficulty are asked request faculty guidance early in the semester (by week 4).
   Students who have less than a 2.0 at mid semester will be identified and both the student and the Office of Student Affairs will be notified. Refer to the College of Nursing Undergraduate Student Handbook for specific policies regarding monitoring of student progress and resources for academic assistance.