

MENTAL HEALTH AND PSYCHIATRIC NURSING**NUR 370 SECTIONS 001 AND 002****4 Credits***Lecture/Recitation/Discussion Hours: 2***Fridays, 12:40 – 2:30 pm; 137 Akers****Clinical Lab****Monday, Wednesday or Thursday, Hours TBA, Location TBA****Lab Hours: 90; Credit Hours: 2****Fall 2009**

Catalog Course Description: Extension of foundational social science concepts into nursing therapeutics aimed at mental health and the care of person with mental illnesses. Medication and non-medication interventions, group interventions, and therapeutic environments.

Course Objectives: At the end of this course, students will:

1. Apply intermediate-level communication skills with people experiencing mental health deviations.
2. Critique and value the impact of her/his critical thinking process used in their psychiatric and mental health nursing practice.
3. Interpret data in the delivery of targeted nursing care to person and populations with mental health deviations.
4. Analyze the interactions between individual factors and societal forces on mental health.
5. Analyze and apply theory and data for the care management for mentally ill persons and populations.
6. Evaluate the multidisciplinary roles in the care of persons and populations with mental illness.
7. Analyze ethical issues related to the care of persons and populations with mental illness.
8. Examine theory and research related to the prevention and treatment of mental illness.
9. Analyze the interactions between cultural and socioeconomic factors on mental health.

Prerequisites: NUR 350 and NUR 330 and NUR 340 and PHM 350

Co-requisites: NUR 360 concurrently or NUR 380 concurrently.

Immunization and CON COMPLIANCE:

All students must submit and comply with Centers for Disease Control and Prevention Guidelines for Health-care workers and meet the College of Nursing Compliance requirements. Students must hand in documentation of current immunization record on the first day of clinical orientation. Students are directed to the BSN Student Handbook for specific information. Students will **not be** allowed into clinical without documentation of compliance and will receive a 0.0 for each day of clinical missed due to noncompliance. Information can be found at <http://www.unphys.msu.edu>. Click on “For Students” tap; choose the drop-down box “Health Care Professions Students” and find HCP Immunization Form. This will inform you about all MSU CON Immunizations.

Level II: Outcomes and Competencies:

LEVEL OBJECTIVES, COMPETENCIES, AND INDICATORS BY CURRICULAR CONCEPT ACROSS THE CURRICULUM

CON has defined the following competencies that must be achieved by all students in each Level before progressing onto the next Level and graduating. At the end of each Level, all students will achieve the objectives and competencies listed below for that level, as well as the indicators specific to each course. **All indicators, as well as the overall grade for a course, must be at 75% passing to proceed onto the next level.**

Level II			
Concept	Level II Outcome	LII Competency	LII Indicator
COMMUNICATION II (COMM)	Apply interactive processes in relating to persons, populations, and colleagues.	<ol style="list-style-type: none"> 1. Demonstrates effective communication skills in nurse-client and professional interactions 2. Demonstrate ability to communicate in writing with a variety of audiences. 	Satisfactory completion of one process recording (NUR 370)
CRITICAL THINKING II (CT)	Analyzes critical thinking processes in their nursing practice.	<ol style="list-style-type: none"> 1. Demonstrates ability to compare and contrast textbook and relevant literature concerning selected patient issue (disease management, risk reduction, health promotion, health teaching) with patient assignment. 2. Takes initiative to plan creatively to meet patient goals. 	Combined with Nursing Therapeutics and Evidenced Based Practice.
NURSING THERAPEUTICS II (NT)	Analyzes data in the delivery of targeted nursing care to persons and populations.	<ol style="list-style-type: none"> 1. Obtains a focused assessment by gathering and using data from a variety of sources to identify and prioritize nursing needs. 2. Apply theoretical and evidence principles to develop, implement, and evaluate an individualized, prioritized plan of care. 	Develop concept map showing the relationship between patient data and scientific principles that support the plan of care; include baseline data, interventions, evaluation, and clinical observation that would support Dx and prioritization of DX combined. (also CRITICAL THINKING; NUR 360) Exhibit competency in medication/IV fluid dosage calculation by scoring 100% on medication math exam. (NUR 360)
HEALTH PROMOTION AND RISK REDUCTION II (HPRR)	Apply basic concepts and theories to the development of health promotion plans for persons (individual/family).	<ol style="list-style-type: none"> 1. Compare and contrast major health indicators in cultural/ethnic groups 2. Assess and address factors that place individuals and families at risk. 	Combined with Illness and Disease Management, and Global and Cultural Competence.
ILLNESS AND DISEASE MANAGEMENT II (IDM)	Apply understanding of theories and principles in coordinating the care necessary for the management of illness and disease	<ol style="list-style-type: none"> 1. Based on desired outcomes, determines care management needs of the individual (i.e. clinical pathways). 2. Identify a variety of barriers 	Interview a member from a vulnerable population; develop a concept map for a individual/family client from that vulnerable/ethnic population

		and resources that affect client outcomes and delivery of care.	that identifies socio-demographic (age, culture, SES) characteristics that influence the focal health problem, including possible health disparities related to the focal problem, and develop an appropriate risk reduction and/or health promotion diagnoses and intervention plan for the client. Include analysis of issues related to access and barriers to the health care system (Also GLOBAL AND CULTURAL COMPETENCE and HEALTH PROMOTION AND RISK REDUCTION; NUR 370)
PROFESSIONAL LEADERSHIP II (PL)	Value the contribution of nursing leadership and roles for the delivery of nursing care to persons and populations in health care settings.	<ol style="list-style-type: none"> 1. Examine how nursing leadership roles and strategies affect health care quality 2. Collaborate with multiple disciplines in providing client care. 	Student led case example from clinical of nurse demonstrating leadership characteristics, the impact and importance (NUR 380)
ETHICAL PRACTICE II (EP)	Apply ethical problem solving in their nursing care.	<ol style="list-style-type: none"> 1. Accurately identify and characterize ethical problems arising in the care of clients 2. Identify barriers to and resolutions for client self-determination 	Case problem identification and characterization of an ethical problem within clinical practice (Clinical activity in both NUR 360 and 370)
EVIDENCE-BASED PRACTICE II (EBP)	Applies research evidence and theory, clinical expertise, and patient preferences and values in planning care that prevents or intervenes in illness and disease.	<ol style="list-style-type: none"> 1. Formulates and manages nursing interventions that are based on theory and research. 	Apply theorist to clinical practice showing the relationship between theoretical principles that support the plan of care (NUR 370)
GLOBAL AND CULTURAL COMPETENCE II (GCC)	Investigate the relevance of global, cultural and socioeconomic factors to health and wellness of persons and populations.	<ol style="list-style-type: none"> 1. Analyze the importance of global and cultural factors on perception of health and illness 2. Implement nursing interventions that reflect understanding of diversity 	Combined with Illness Disease Management.

Professional Standards & Guidelines: The curriculum is guided by the following documents:

American Association of Colleges of Nursing (2008). *The essentials of baccalaureate education for professional nursing practice*. Washington, DC: Author.

American Nurses Association (2001). *Code of ethics for nurses with interpretive statements*. Washington, DC: Author ISBN 1-55810-176-4

American Nurses Association (2004). *Nursing: Scope and standards of practice*. Washington, DC: Author ISBN 1-55810-215-9

American Nurses Association (2003). *Nursing's social policy statement (2nd ed.)*. Washington, DC: Author ISBN 1-55810-214-0

Faculty: Gretchen Dubes, MSN, RN Course Coordinator
Office: W126 Owen Graduate Center
Hours: Thursdays 10:00 – 11:00 am
Phone: 517-353-4752
Cell Phone: 616-340-4990
Email: gauck@msu.edu
Clinical: Pine Rest & Forest View, Grand Rapids
Note: Times can be arranged to accommodate student schedules.

Faculty: Elaine Tetreault, MSN, APRN BC, PMH, NP
Office: W107 Owen Graduate Center
Hours: By appointment
Cell Phone: (734) 972-6869
Email: tetreau6@msu.edu
Clinical: St. Joe's Mercy, Ann Arbor
Note: Times can be arranged to accommodate student schedules.

Faculty: Barbara Jonker, MSN, APRNBC, NP
Office: W134 Owen Graduate Center
Hours: Monday 3:00 – 5:00 pm By appointment
Phone: (H) (517) 337-9284
Phone: (O) (517) 432-1539
Email: barbara.jonker@hc.msu.edu
Clinical: Allegiance, Lansing
Note: Times can be arranged to accommodate student schedules.

Faculty: Maya Clark, MSN, SNP, BC
Office: W151 Owen Graduate Center
Hours: By appointment
Phone: (W) (517) 353-4702
Email: klavonsm@msu.edu
Clinical: St Mary's, Livonia, U of M, Ann Arbor
Note: Times can be arranged to accommodate student schedules.

Faculty: Fay Mitton, MS, RNC
Office: W144 Owen Graduate Center
Office Hours: By appointment
Phone: (H) (517) 351-5527
Email: mitton@msu.edu
Clinical: St. Lawrence Hospital, Lansing
Note: Times can be arranged to accommodate student schedules.

Faculty: Vicki Tyrrell, GNP, BC
Office: W144 Owen Graduate Center
Office Hours: By appointment
Phone: (C) (734) 975-9519
Phone: (H) (734) 475-3807
Email: vicki.tyrrell@hc.msu.edu
Clinical: Heritage Hospital, Taylor, MI
Note: Times can be arranged to accommodate student schedules.

Instruction:

a. Required Texts:

American Psychological Association. (2010). *Publication manual of the American Psychological Association* (6th ed.). Washington, DC: Author.

Arnold, E., & Boggs, K. (2003). *Professional communication skills for nurses*. (5th ed.). W. B. Saunders: St. Louise (ISBN: 0721693881).

Townsend, M. (2009). *Psychiatric Mental Health Nursing* (6th ed.). F.A. Davis Publishing: (ISBN: 1919-7). Package deal.

Townsend, M. (2009). *Nursing Diagnosis in Psychiatric Nursing*. F.A. Davis Publishing. (ISBN: 1919-7) Package deal.

b. Required Resources, References, Supplies:

ANGEL Help Line

1.800.500.1554 (24 hrs, 7 days/week)

517.355.2345 (24 hrs, 7 days/week)

www.angel.msu.edu (ANGEL Help link in upper right corner)

Always check with the ANGEL Help Line first!

Instructional Model

NUR 370 is a 4-credit course that includes theoretical, lab, and clinical components. This course introduces the beginning nursing student to the concepts and skills related to mental health and psychiatric nursing across the life span.

Two hours per week are designated for theory content. Theory content will be presented through lecture, small group discussion, independent viewing of media, and group assignments. The completion of assigned readings and media prior to each class is necessary to facilitate comprehension, understanding, and integration of content vital to this course.

Six hours a week are designated for lab/clinical study. The lab content of the course will be front loaded with the students utilizing clinical time initially in the simulation lab to expand and evaluate interpersonal skills. The clinical practicum will provide immersion with acutely ill adults and children.

Evaluation:

- a. Learning Assessments and Grading:
- b. Course Grading Scale: The standard College of Nursing grading scale will be utilized.

%	GRADE
100-94 %	4.0
93-89%	3.5
84-88%	3.0
83-79%	2.5
75-78%	2.0 (Minimum passing grade)
74-70%	1.5
65-69%	1.0
<64%	0.0

“Final Course Grades will not be rounded”

Sixty percent of the course grade is based on the theory portion of this course and the other 40% of the course grade is based on the clinical portion. The theory grade will be based on quizzes and exams. **A student must achieve a minimum grade of 75% or 2.0 in performance behaviors, clinical assignments, and in the theory class in order to pass the course, regardless of the weighted total of the three.** Student must receive a “Pass” grade in all clinical performance behaviors in order to pass the course. A “Fail” grade in clinical performance will result in a grade point of 0.0 for the course. If a student fails to make a grade of 75% or 2.0 on clinical assignments, or in the theory class, a grade point of 0.0 will be assigned for the course.

Faculty reserves the right to dismiss a student from clinical areas if the student is too ill, unprepared or deemed to be a risk to patient safety. Students who are late to clinical are considered a risk to patient safety. Dismissal from clinical for any reason, excluding illness is deemed unexcused, thus carrying the requisite grade consequences as described in the course syllabus. Any student deemed unsafe will not pass the course and will receive a grade point of 0.0

Theory portion of the course: 60% of final grade

The theory portion of the grading is based on medication quizzes and exams. Medication quizzes are open book and taken online. Two exams and a cumulative final exam will consist of NCLEX-style questions which test students’ abilities to apply theory to case situations. Class time will be given for the exams.

Evaluation Activities	Percent of theory grade
Medication quizzes (3)	5
Exam 1	15
Exam 2	15
Final Exam	25

Clinical Portion of the course: 40% of final grade

The lab/clinical grade will further be divided into assignments and clinical performance. Assignments will include two complete nursing care plans, one process recording, an ethics presentation, and a vulnerable population presentation. Forty percent of the clinical grade will be based on these four assignments. The clinical evaluation tool will be used to evaluate clinical performance and is Pass/Fail.

Clinical assignments are expected to be turned in on the due date. Penalties will be given for late assignments, if they are accepted at all. Student and clinical faculty will fill out a late assignment form to be signed by student and faculty with a given due date assigned.

Assignment/30%	Percent of clinical assignment grade
2 Nursing Care Plans	20
1 Process Recordings	10
Ethics Detective Post-Conference Report	5
Vulnerable Populations Concept Map and Report	5

***University & College Policies:**

The College of Nursing expects that students will demonstrate professional behavior in all situations. Specific expectations for clinical and other professional venues can be found in the appropriate handbook. You are responsible for reviewing and acting in accordance with the policies and procedures found in the following sources, including the following topics: Professionalism, Academic Integrity, Accommodations for Students with Disabilities, Disruptive Behavior, Attendance, Compliance, and Progression.

- CON Student handbook <http://nursing.msu.edu/handbooks.asp>
- MSU Spartan Life Student Handbook and Resource Guide <http://www.vps.msu.edu/SpLife/index.htm>
- Information for Current Students—including Rights, Responsibilities and Regulations for Students <http://www.msu.edu/current/index.html>
- Academic Programs <http://www.reg.msu.edu/UCC/AcademicPrograms.asp>

MENTAL HEALTH AND PSYCHIATRIC NURSING**NUR 370 SECTIONS 001 AND 002****4 Credits***Lecture/Recitation/Discussion Hours: 2***Fridays, 12:40 – 2:30 pm, 137 Akers Hall****Clinical Lab****Monday, Wednesday, or Thursday Hours TBA, Location TBA****Lab Hours: 90; Credit Hours: 2****Fall 2009**

Additional Course Description: NUR 370 is an extension of foundational social science concepts into nursing therapeutics aimed at mental health and the care of persons with mental illnesses. Medication and non-medication interventions, group interventions, and therapeutic environments will be studied and demonstrated.

Course Policies:

Attendance: Students whose names do not appear on the official class list for this course may not attend this class. Students who fail to attend the first four class sessions or class by the fifth day of the semester, whichever occurs first, may be dropped from the course.

1. Nursing is a professional program and attendance is an expectation.

ATTENDANCE AT CLINICAL ORIENTATION IS REQUIRED. If you are unable to attend related to an emergency or serious illness, **notification of the clinical instructor must be made prior to the clinical experience time.** Failure to assume responsibility and accountability for clinical attendance will result in the student being individually counseled and reported to the Course Chair and Office of Student Affairs. Excessive absence and/or tardiness, or a perceived pattern of absences or tardiness, may result in a 0.0 being awarded for the course. If a message is left on voice mail or an answering machine, it is the students' responsibility to follow up the recorded message with a personal conversation within 48 hours.

2. Attendance for clinical practicum is required. Make-up clinical hours will be scheduled for **December 7th, 8th, 9th, and 10th 2009.** You must schedule make-up clinical hours with your assigned clinical faculty prior to your make-up clinical day. Also, clinicals will be held on Wednesday, November 25, 2009...the day before Thanksgiving. Students will be expected to attend.

Examinations

Examinations will be given during course periods. Students are expected to read and know the procedure guidelines for examinations. **This information will be posted on the ANGEL website. The final exam is scheduled for December 14, 2009 from 12:45 - 2:45 PM in room A131 LS for Traditional Students and B 109 LS for Accelerated Option Students.**

Communication

E-Mail & Student Mailboxes:

All students are expected to check their e-mail and student mailboxes (in the Student Lounge) to retrieve course information. Student paperwork will be returned on a timely basis and placed in the mailboxes or handed back in lecture or clinical setting. E-mail is for the sole purpose of conveying constructive, positive course and nursing information **ONLY** and is a privilege. Any student utilizing this service to convey personal opinion, pass on chain letters, or advertising unauthorized statements will be reported to the Director of the Office of Student Affairs and the Associate Dean for Academic Affairs and will be dealt with on an individual basis. Inappropriate use may result in the individual being removed from the class list and any other actions determined necessary by the Course Chairperson and College of Nursing administrators.

Academic Integrity: Article 2.3.3 of the [Academic Freedom Report](#) states that "The student shares with the faculty the responsibility for maintaining the integrity of scholarship, grades, and professional standards." In addition, the College of Nursing adheres to the policies on academic honesty as specified in General Student Regulations 1.0, Protection of Scholarship and Grades; the all-University Policy on Integrity of Scholarship and Grades; and Ordinance 17.00, Examinations. (See [Spartan Life: Student Handbook and Resource Guide](#) and/or the MSU Web site: www.msu.edu.) Therefore, unless authorized by your instructor, you are expected to complete all course assignments, including homework, lab work, quizzes, tests and exams, without assistance from any source. You are expected to develop original work for this course; therefore, you may not submit course work you completed for another course to satisfy the requirements for this course. Also, you are not authorized to use the www.allmsu.com Web site to complete any course work in (NUR 370). Students who violate MSU rules may receive a penalty grade, including--but not limited to--a failing grade on the assignment or in the course. Contact your instructor if you are unsure about the appropriateness of your course work. (See also <http://www.msu.edu/unit/ombud/honestylinks.html>)

Accommodations for Students with Disabilities: **Students with disabilities should contact the Resource Center for Persons with Disabilities to establish reasonable accommodations. For an appointment with a disability specialist, call 353-9642 (voice), 355-1293 (TTY), or visit MyProfile.rcpd.msu.edu.**

Disruptive Behavior: Article 2.3.5 of the [Academic Freedom Report](#) (AFR) for students at Michigan State University states: "The student's behavior in the classroom shall be conducive to the teaching and learning process for all concerned." Article 2.3.10 of the AFR states that "The student has a right to scholarly relationships with faculty based on mutual trust and civility." [General Student Regulation 5.02](#) states: "No student shall . . . interfere with the functions and services of the University (for example, but not limited to, classes . . .) such that the function or service is obstructed or disrupted. Students whose conduct adversely affects the learning environment in this classroom may be subject to disciplinary action through the Student Faculty Judiciary process.

Sep 25	Therapeutic Interventions: Milieu Group Cognitive-Behavioral Medications Stress/Adaptation Model	Tetreault	Video in Media Lab on Group Process Module #1 On-Line Video #1 <u>On-line Quiz #1:</u> Open: 9-25 @ 12:05am Close: 10-1 @ 11:55pm	Chapter 12 Chapter 10 Chapter 20 Chapter 23 Chapter 1 Introduction to PSYCHOTROPIC MEDICATIONS: Chapter 21
Oct 2	Schizophrenia and Psychotic Disorders	Tetreault	Module#2 On-Line Video #2 <u>On-line Quiz #2:</u> Open: 10-2 @ 12:05am Close: 10-8 @ 11:55pm	Chapter 28 ANTIPSYCHOTIC MEDICATIONS: Chapter 21 (review)
Oct 9	<i>Exam 1</i>	Tetreault & Dubes		
Oct 16	Mood Disorders, Suicide, & Organic Therapies	Tetreault	Module#3 On-Line Videos #3,4,5 <u>On-line Quiz #3:</u> Open:10-16 @12:05am Close:10-22 @11:55pm	Chapter 29 Chapter 18 ANTI- DEPRESSANT MEDICATIONS & MOOD STABILIZERS: Chapter 21 (review)
Oct 23	Cognitive Disorders in the Elderly	Dubes		Chapter 26 Chapter 35
Oct 30	Children and Adolescents	Dubes		Chapter 18 (266) Chapter 25 Chapter 33

Nov 6	Personality Disorders	Dubes		Chapter 34
Nov 13	Substance abuse	Dubes		Chapter 27
Nov 20	<i>Exam 2</i>	Tetreault & Dubes		
Nov 27	<i>NO CLASS THANKSGIVING BREAK</i>			
Dec 4	Abuse, Violence, & Neglect Homelessness & Crisis Intervention	Tetreault	Video in Media Lab: Mental Illness and Homelessness (first 20 minutes)	Chapter 36 Chapter 37
Dec 11	Grief Response Family Therapy	Tetreault		Chapter 39 Chapter 11 Chapter 28(review) Chapter 29 (review)
Dec 14 12:45- 2:45	<i>Final Exam</i> (Cumulative, Location TBA)	Tetreault Dubes		

Immunization and CON COMPLIANCE:

All students must submit and comply with Centers for Disease Control and Prevention Guidelines for Health-care workers and meet the College of Nursing Compliance requirements. Students must hand in documentation of current immunization record on the first day of clinical orientation. Students are directed to the BSN Student Handbook for specific information. Students will not be allowed into clinical without documentation of compliance and will receive a 0.0 for each day of clinical missed due to noncompliance. Information can be found at <http://www.unphys.msu.edu>. Click on “For Students” tap; choose the drop-down box “Health Care Professions Students” and find HCP Immunization Form. This will inform you about all MSU CON Immunizations.