Final Partnership Meetings

It is almost the end of Year 3 for our project, and we are very pleased with the efforts of our Early Head Start Partners. We will begin scheduling individual meetings with each program site to report on the study’s findings. We know that summer and early fall are a very busy time for all the staff at Early Head Start, so we are hoping to We will also be providing information collected from the NEAT-R assessments that were completed with EHS families over the past few months.

We have been working to the final revisions to the NEAT-R Assessment and Toolkit, but there is still time to give us your opinion. If you need additional feedback forms, or envelopes to mail in completed forms, please let Kate know.

You can call our office at (517) 355-6744, fax us your feedback forms at (517) 355-5002, or e-mail Kate at smithk81@msu.edu to tell us what’s on your mind! More information on the scheduling of the meetings will be provided as it becomes available.

In the Community!

Dr. Millie Horodynski presented a poster entitled Development of a Nutrition Education and Assessment for Toddlers Toolkit at the Society for Nutrition Education Conference in Chicago last month, and the Toolkit was a big hit. Congratulations to everyone who helped develop such a great resource!

The Recruitment Race

We are still about 30 African American participants away from our goal of 200 women. We have extended our deadline for recruitment through August 20th, so if you have anyone interested, please send or fax her information today to qualify for a $25 recruitment gift card. Remember, to be eligible for the $25 gift card, you must recruit 3 women to participate, but you may be surprised how easy that is! Good luck to all our potential recruiters out there!

Our eligibility criteria:

* Woman self-identifies her race as African American
* Woman is the primary feeder of a toddler 12-40 months
* Woman is at least 17 years of age
* Woman is eligible for WIC or Food Stamps
**Toddler Recipe: Berry Good Pops**

You will need:

* 1/2 cup of 100% fruit juice, such as cranberry, raspberry, or grape juice
* 1 cup low-fat vanilla yogurt
* 1 cup of fresh or frozen berries, such as blueberries, strawberries, or raspberries
* Wooden Popsicle sticks, which can be purchased at most dollar or grocery stores.

Mix all the ingredients together. Pour the mixture into 6 Dixie cups (or other 3-ounce paper cup) and cover with aluminum foil. Push a wooden Popsicle stick down into the middle of each cup. The foil will hold the stick in place. Put the cups on a cookie sheet and freeze for 3 to 4 hours. When the popsicles are ready to eat, peel away the foil, remove from the cups, and enjoy!

This recipe comes from the “Eat Well! : A newsletter for healthy eating” from the University of Maine Cooperative Extension office.

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**Winners Circle!**

We have had quite a few women recruiting African American participants, and have awarded $25 gift cards for past months. Congratulations to our many recent winners! We still have gift cards for our June, July, and August recruiters, so you still have time!

**December:**
Tina Goins, of Ingham County MSU Extension, won a $25 gift card for recruiting 3 African American women who completed home visits!

**January:**
Tricia Grifka, of NEMCSA Early Head Start in Bay County, won a $25 gift card for recruiting 3 African American women who completed home visits!

**February:**
Constance Williams, of Detroit’s Luna Bell Stewart Center, won a $25 gift card for recruiting 3 African American women who completed home visits!

**March:**
Sara Harvey, of the Teen Parent Program at Catholic Charities in Flint, won a $25 gift card for recruiting 3 African American women who completed home visits!

**April:**
Ann Thompson, of Community Action Agency Early Head Start in Jackson county, won a second $25 gift card for recruiting 3 African American women who completed home visits!

**May:**
Deb Jones, one of our Muskegon Data Collectors, won a second $25 gift card for recruiting 3 African American women who completed home visits!

**June:**
Lesia Rucker, of Eve Inc in Lansing, won a prize pack for recruiting a participant!

**July:**
Tracie Bobrowski, of the Teen Parent Program at Catholic Charities in Flint, won a prize pack for recruiting a participant!

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**Nutrition Education Aimed at Toddlers**