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Thank you!!
Thank you to Kent County Early Head Start, MSU Extension in Saginaw County, and Catholic Charities of Genesee county Teen Parent Program for agreeing to help us recruit our African American population! We have been thinking outside the box to reach our goal of 200 African-American women, and they have graciously agreed to help us! The generosity of these programs is vital our success, and we are grateful for the assistance!

Recruitment Efforts Still Needed!
We are in need of everyone’s assistance in recruiting African American women with toddlers for our study. If you know any woman who is eligible, please have her complete the enclosed permission to contact form and fax it back to us at (517) 355-5002.

Head Start Conference
Dr. Horodynski will be presenting a poster at the 8th Head Start National Research Conference in Washington, D.C. in June. The topic of the poster is focus groups held with African American women, discussing their mealtime rituals.

Dr. Manfred Stommel, our statistician will be presenting a poster also, entitled “Validity of Mealtime Behavior Self-Report of African American and Caucasian Early Head Start Mothers of Toddlers”. This poster will focus on instrument testing through home visits.

LOOK AT THESE BARS RISE!**
**Occasionally, a participant will drop out of the study, decreasing a site’s number of recruited participants. For this reason, some of these totals are down from April’s newsletter.

NEAT-R Corner
At our April 13 NEAT-R meeting, your NEAT-R representatives decided they would like us to create a long toddler nutrition assessment form that would be available to replace the current forms our Early Head Start partners use.

This assessment form has been created and is waiting approval by our NEAT-R representatives. If you work for one of our Early Head Start partners, and are interested in seeing the current draft, please contact your NEAT-R representative. We will continue working to finalize this assessment tool through the coming year, and hope to have a final version available for distribution by September 2007.

A shorter toddler nutrition assessment form will also be available for more frequent assessment of toddler nutrition by Early Head Start home visitors.
Congratulations!!

Congratulations to our Jackson/Hillsdale Data Collector on the birth of her son! He is adorable and we are loving all the pictures Nikki sends us! Congratulations Nikki and Travis!

Congratulations to our Isabella County Data Collector, Megan, on her acceptance into Bowling Green State University’s Communication Disorders Master’s program! Her goal is to become a speech pathologist. Go Falcons!

Congratulations to our Lansing Data Collector, Michelle, on getting an interview for the Masters program at McGill University. The School of Dietetics and Human Nutrition at McGill is one of the leading teaching and research institutions in the area of Human Nutrition in North America. Way to go, Michelle!

Congratulations to Michelle also for being selected as the nutrition speaker at the Brain Injury Association of Michigan’s Strategies for Living Conference in Grand Rapids on June 16.

Toddler Tips

Here are some tips to help your toddler establish healthy eating habits from TV chef, Jamie Oliver. These tips were adapted from Blue Cross Blue Shield of Michigan’s Living Healthy magazine, spring 2006 issue.

* Shape your child’s healthy foods into fun designs, such as making a smiley face with cut-up grapes for eyes and an orange slice for a mouth. Make hair out of strawberry slices Or use our ‘recipe’ for Apple Ladybugs

* Top a serving of yogurt with raisins or chunks of pineapple for a tasty treat!

Visit Jamie Oliver’s website for some fun recipes: www.jamieoliver.com

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Apple Ladybugs

This is a snack your child can play with before eating!

* 1 tablespoon creamy, unsalted peanut butter
* 1/4 cup raisins
* 2 red apples
* 8 thin pretzel sticks

Slice apples in half from top to bottom, and scoop out the cores using a knife or melon baller. If you have an apple corer, core them first, then slice. Place each apple half flat side down on a small plate.

Dab peanut butter on to the back of the 'lady bug', then stick raisins onto the dabs for spots. Use this method to make eyes too. Stick one end of each pretzel stick into a raisin, then press the other end into the apples to make antennae.

Makes 4 ‘ladybugs’

Taken from: http://food.kaboose.com

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NEAT Research Office HOURS

Monday - Friday
8:30 am - 4:30 pm

If you have any news, comments, questions, or ideas to share in the NEAT newsletter...please call our office at (517) 355-6744, fax at (517) 355-5002**, or email Kate (smithk81@msu.edu)

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**Please note our new address and fax number**