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NEAT-R Corner

We had our final meeting with our representatives on Friday, May 18. The meeting went very well, and we were able to discuss the NEAT-R Toolkit at length. We will be revising the assessment and handouts as requested, and will be adding some materials to the object set. We are very pleased with the feedback we received—give yourselves a pat on the back!

We will continue to accept completed NEAT-R assessments until July 31, when we begin to compile a population report for each program that returned assessments to the office.

We will continue to accept evaluations on the use of the NEAT-R until June 30, so if you have some feedback you want to provide, please send or fax it in. If you need envelopes, please contact Kate at (517) 355-6744. We would especially like to information from anyone who did not use the Toolkit—please let us know why, and if there are any improvements we can make to entice you to use it.

We would like to schedule a meeting with each program to distribute the final NEAT-R Toolkit, and wrap up the project. The project ends in September, so this would be our final meeting with each of our EHS partners. We will be contacting each program soon to schedule these meetings; the meeting schedule will be included in our final newsletter in August.

How do you measure up?

At the start of this project, each program identified how many participants they could recruit. How do the programs measure up?

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<th>Actual</th>
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<tr>
<td>Carman-Ainsworth</td>
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We will continue to recruit African American women through July 31. A recruitment form is included with this newsletter, and information on how to get a $25 incentive for recruiting women is provided on page 2.
**Toddler Tips**

Summer is here, and older kids will be spending more time at home. Here are some snacks that school-age kids like, that are safe and healthy for toddlers, too!

* Low-fat cheese slices and a tomato slice wrapped in a whole wheat tortilla.
* Fruit sandwich: smash strawberries or banana with some low-fat yogurt between 2 graham crackers
* Left over macaroni and cheese with corn, peas, or broccoli mixed in
* Low-fat cottage cheese with sliced fruit, such as peaches, for dipping
* Frozen Banan-os: roll banana slices first in low-fat yogurt, then in Cheerios. Place in a plastic bag in the freezer for a cool snack on a hot day!

Not only are many snack foods yummy for all ages, but most are also cheaper than buying ready made snack foods at the store. Avoid things like Lunch-ables and bags of potato chips. You can make a healthier snack at home for less!


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**In the Community!**

Dr. Millie Horodynski will be presenting a poster entitled *Development of a Nutrition Education and Assessment for Toddlers Toolkit* at the 40th Annual Society for Nutrition Education Conference, to be held in Chicago, IL, July, 2007.

**Winners Circle!**

Congratulations to our recent winners!

**April:**
Sara Harvey, of the Teen Parent Program at Catholic Charities in Flint, won a prize pack for recruiting 7 new participants.

**May:**
Susan Lovelette, a home visitor with Carman-Ainsworth Early Head Start in Flint, won a prize pack for recruiting 2 new participants.

Unfortunately, we didn’t have anyone qualify for the $25 gift card drawing for April or May. Our last winner was Deb Jones in November of 2006, but we hope she isn’t our last winner ever.

Remember, recruitment ends in July so hurry and earn your gift card today!

To receive a gift card, you must:

* Recruit 3 African American women who meet our eligibility criteria
  * Woman self-identifies her race as African American
  * Woman is the primary feeder of a toddler 12-40 months
  * Woman is at least 17 years of age
  * Woman is eligible for WIC or Food Stamps
* All 3 African American participants must complete a home visit with one of our local Data Collectors

Keep trying, and good luck in our last drawings!

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**NEAT Research Office HOURS**

Monday - Friday
8:30 am - 4:30 pm

If you have any news, comments, questions, or ideas to share in the NEAT newsletter...please call our office at (517) 355-6744
fax at (517) 355-5002
or email Kate (smithk81@msu.edu)

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